

COMPLIMENTARY TRAINING PROGRAM

Assessment and Treatment of Tobacco Dependence in Cancer Care



Memorial Sloan Kettering
Cancer Center

POETI | Psycho-Oncology
Education & Training Institute

Overview

It is well-established that smoking is the leading cause of many types of cancer. In addition, persistent smoking among cancer patients is associated with adverse short and long-term clinical outcomes including increased risk for treatment complications, poor health related quality of life, disease recurrence, second primary cancers, disease progression, and mortality. Despite these clinical risks, there are clear research-to-practice gaps and lack of training is routinely identified as a barrier to improving quality of tobacco treatment in oncology care.

This training will prepare learners to provide safe and effective evidence-based treatment for tobacco dependence for the cancer patients/survivors and their family members. This innovative program includes a 2-day, skills-based workshop to be held at Memorial Sloan Kettering Cancer Center in New York City, followed by 6, monthly, 60 minute Collaboratory Videoconference Calls providing additional opportunities for implementation mentorship and coaching.

This course is comprised of **lectures, simulated role plays and interactive audience participation** encouraging the intellectual exchange of ideas between faculty and participants and includes 3 workshop hours dedicated to Pharmacotherapy.

Who Should Attend

This program is for Oncologists, Tobacco Treatment Specialists, Physician Assistants, Nurses, Nurse Practitioners, Social Workers, and Respiratory Therapists.



Registration for this training program is **complimentary to accepted applicants**. Please complete an application online: msk.org/tobaccocare

Educational Objectives

- Gain a better understanding of the risks of persistent smoking and benefits of quitting for cancer patients and survivors
- Apply evidence-based pharmacotherapy and cessation counseling interventions
- Attendees will have an opportunity to practice tobacco use assessment and treatment planning skills during simulated patient (role play) exercises
- Execute system-level recommendations for implementing tobacco use assessment and treatment in routine cancer care

Accreditation

Memorial Sloan Kettering Cancer Center is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

AMA Credit Designation Statement

Memorial Sloan Kettering Cancer Center designates this live activity for a maximum of **22.50 AMA PRA Category 1 Credits™**. Physicians should claim only credit commensurate with the extent of their participation in the activity

Social Work Accreditation Statement*

This presentation is approved for a maximum of **16.50 Continuing Education Contact Hours of Live Training**. Memorial Sloan Kettering Cancer Center SW CPE is recognized by the New York State Education Department's State Board for Social Work as an approved provider of continuing education for licensed social workers #0228.

Continuing Education for Licensed Psychologists in New York State*

This event offers **16.50 NYS Psychology Contact Hours**.

Memorial Sloan Kettering Cancer Center is recognized by the New York State Education Department State Board for Psychology as an approved provider of continuing education for licensed psychologists #PSY-0166

ANCC CNE Statement

Memorial Sloan Kettering Cancer Center is accredited as a provider of nursing continuing professional development by the American Nurses Credentialing Center's Commission on Accreditation..

16.50 contact hours will be awarded to participants who attend the program in its entirety and complete a program evaluation. Partial credit not awarded.

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***Not all states accept NYS CEUs.** Please check with the licensing board in your state for guidance on their acceptance of the credit types offered for this course.

IMPORTANT NOTE

Nursing contact hours, Psychology contact hours, and Social Work contact hours are available for the **two-day program only** and not for the six follow-up Collaboratory Calls. **AMA PRA Category 1 Credits™** will be offered for participation in the six follow-up Collaboratory Calls.

Faculty



JAMIE OSTROFF, PHD

Chief, Behavioral Sciences Service
Director, Tobacco Treatment Program



MAUREEN O'BRIEN, CNS, CTTS-M

Tobacco Treatment Specialist



CHRIS KOTSEN, PSYD

Tobacco Treatment Specialist



**GLENEARA ELIZABETH BATES-PAPPAS,
PHD, LMSW**

Tobacco Treatment Specialist



C. WILL WHITLOCK, NP, CTTS

Tobacco Treatment Specialist

Schedule

DAY 1

8:00 AM Check-in/Registration

8:15 AM **Welcome and Introductions**

9:00 AM **Training Overview/Rationale**
Making the Case for Treating Tobacco Dependence in Cancer Patients; Q&A

9:45 AM **Empathic Assessment of Tobacco Use and Treatment History, How to Give Personalized Quitting Advice; Q&A**

10:30 AM **Introduction to Role Play Exercise**

10:40 AM Break

10:50 AM **Experiential Small Group Exercise**
Goal: Empathic Assessment of Tobacco Use and Treatment History, Giving Personalized Quitting Advice

12:10 PM Lunch Break

12:45 PM **Patient Perspectives Panel**

1:15 PM **Evidence-Based Treatment of Tobacco Dependence I: Behavioral and Motivational Interventions; Q&A**

2:15 PM **Experiential Small Group Exercise**
Behavioral and Motivational Interventions

3:35 PM Break

3:50 PM **Evidence-Based Treatment of Tobacco Dependence II: Pharmacotherapy Interventions; Q&A**

5:20 PM **Wrap-Up Group Discussion of Skill Acquisition Experiences; Q&A**

5:30 PM Adjourn

DAY 2

8:00 AM	Check-in/Registration
8:15 AM	Review of Day 1 and Orientation to Day 2
8:30 AM	Review of Evidence-Based Treatment of Tobacco Dependence II: Pharmacotherapy Interventions
9:15 AM	Experiential Small Group Exercise Goal: Promoting Shared Decision Making and Adherence to use of Cessation Pharmacotherapy
10:45 AM	Break
11:00 AM	Wrap-up Discussion of Small Group Exercises, Q&A
11:15 AM	Tobacco-Related Disparities
12:00 PM	Lunch Break
12:30 PM	Implementing TUAT Within Your Cancer Care Setting, Q&A
1:30 PM	Group Think Tank Session Developing a Blueprint for Implementing TUAT in Your Oncology Practice Setting, Identifying/Addressing Patient, Provider and Systems-Level Barriers
3:30 PM	Break
3:45 PM	Large Group Discussion of Implementation Blueprint and Goal-setting
4:15 PM	Responsible Conduct of Research Training Overview
4:45 PM	What Happens Next
5:00 PM	Wrap-Up; Program Evaluation (Day 2)
5:30 PM	Adjourn

This course is co-sponsored by the MSK **Psycho-Oncology Education & Training Institute (POETI)**. The institute's goal is to expand training opportunities in psycho-oncology for psychiatrists, psychologists, nurses, and social workers in the oncology setting.

msk.org/tobaccocare

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