

# Taking the show on the Road

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#### **Pediatric Cancers Overview**

- Among children and adolescents (ages 0-19) in the United States, the most common types of cancer are (1) leukemias, (2) brain and CNS tumors, and (3) lymphomas
- Survival rates have improved dramatically. Five-year survival in children and adolescents in the US was:
- In the mid-1970s: 58% of children and 68% of adolescents
- In 2008–2014: **85% of children and 85% of adolescents**
- As of January 1, 2015 approximately 429,000 survivors of childhood and adolescent cancer were alive in the United States



## **MSK Kids treats by Disease**

#### **Primary Services**

- Sarcoma
- Neuroblastoma
- Neuro Oncology
- Hematologic Malignancies
- Stem Cell Therapy and Transplant
- Surgery

#### **Supportive Services**

- Rehabilitation
- Long Term Follow Up
- Integrative Medicine
- Psychiatry
- Gastroenterology
- Pain and Palliative Supportive Care
- Clinical Genetics

#### We treat the whole patient

ChildLife
Ronald McDonald Housing
Social Work
Nutrition
Integrative Medicine



#### Individualized care

flexible, individual care settings that take the needs of the child family into account



## Family centered care

"Family centered care (FCC), a process of health-care delivery that emphasizes sharing of information, supporting parents in the decision-making process, and respecting the choices made by families This alliance between medical providers and the patient's family is also adaptable to respect religious, cultural, and socio-economic differences".



#### **Evolution of outpatient pediatrics at MSKCC**

1969 PDH Opens

2016 PACC 2019 MSK KIDS 2022 MSK KIDS, SCC



## **Meet the Regional Staff**

Dedicated Pediatric RNs

Trained Patient Care Technician

Patient Care Coordinators

**Nurse Practitioners** 

Supporting staff in the PACC



### **Onboarding and Ongoing training**

Newly hired staff spend time in the PACC Pediatric educator involvement CNS involvement Joint RRR involvement Debrief

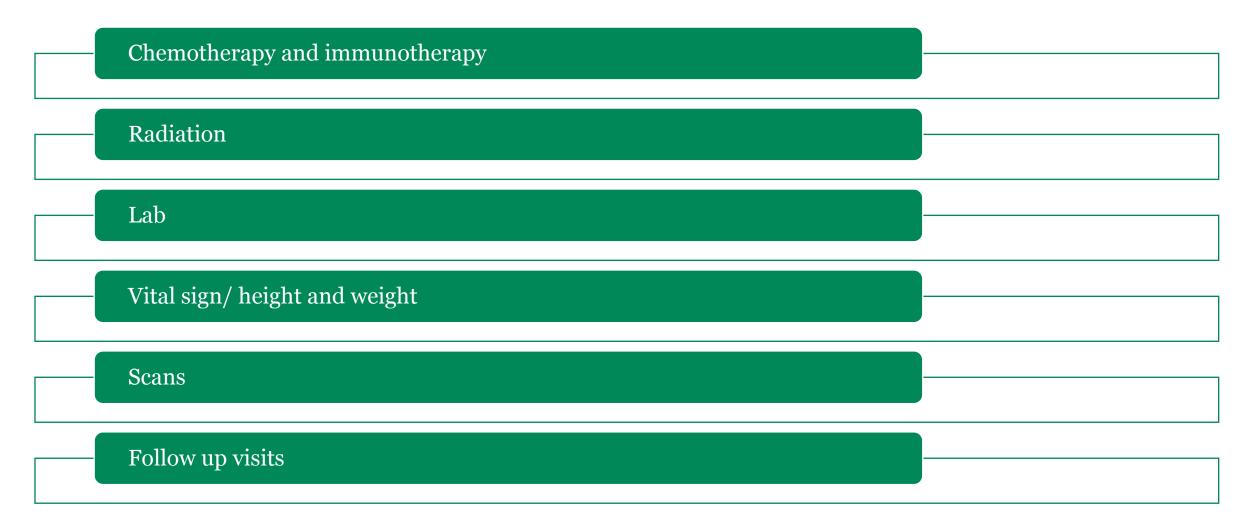


#### **Seamless collaboration**





### What can be done in the regionals





## Regional guidelines

#### Centers

	Patients ≥ 18 years		Patients 5 - 18 years		Patients 0 - 5 years	
	Pediatric NP or Family NP or Pediatric MD	APHON RN	Pediatric NP or Family NP or Pediatric MD	APHON RN	Pediatric NP or Family NP or Pediatric MD	APHON RN
Lab blood draw	No	No	No	No	Yes	No
Radiology - No contrast	No	No	No	No	Yes	No
Radiology - Contrast	No	No	No	No	Yes	No
Medication infusion non-chemotherapy	No	No	Yes	No	Yes	No
Low Risk chemotherapy Ex. Vincristine - irinotecan	No	No	Yes	Yes	Yes	Yes
Chemotherapy other	No	No	Yes	Yes	Yes	Yes



## **Child Life**

Each regional is assigned a child life point person

Prize boxes

Arts and Craft

Birthday in a box

End of treatment recognition



## What is Not Available in the Regional

No sedated scans

First time administration of any new drug that has high probability of reaction

Needing child life assistance for acess and blood draws

Physical therapy visit in children < 18yr

Echocardiograms

Audiograms

Dental

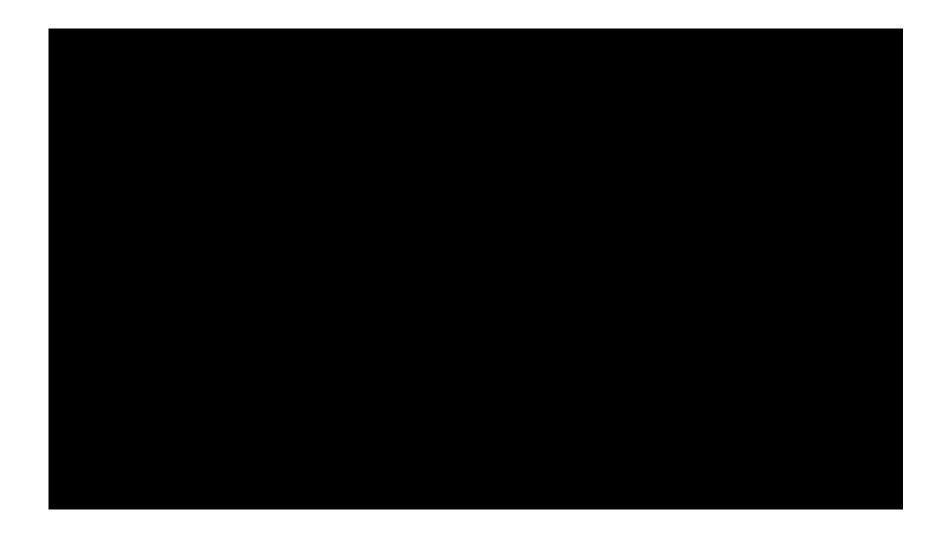
First time scans with contrast



# Hear from our Vice Chair, Dr. Paul Meyers



## **Dr Paul Meyers**





#### **Long Term Survivor Clinic**

Survivors of childhood cancer must continue follow-up care in adulthood to identify and treat current or potential medical, psychological, and social late effects of cancer treatment and to promote general health



## **Adolescent and Young Adults (AYA)**

Although overall cancer cases are declining, they are on the rise in adolescents and young adults ages 15 to 39. A staggering 90,000 new cases are projected this year alone in the United States. Memorial Sloan Kettering Cancer Center is already at the forefront in this field, treating about 5,500 of these younger patients each year

The Stuart Center



## **Symptom Care Clinic**

- -New initiative serving age 12 and up
- -Presently in New Jersey only
- -Same day appointment
- -Staffed by Peds APP if on site
- Planned expansion



## **SCC** in the Regionals

Symptom	PACC	SCC	Partner ED	Closest ED
Influenza like illness	X	X		
Ophtho - ENT infections Conjunctivitis URI, Pharyngitis, Otitis				
	X	X		
Hypertension		V		
	X	X		
Simple wound infection Mucositis	X X	X X		
Cellulitis/Rash	X	X		
Nausea/Vomiting				
Dehydration Dehydration	X	X		
Abdominal Pain/Diarrhea/Constipation	X	X		
Abdominal Pain/Diarrnea/Consupation	X	X		
Urinary Problems	X	X		
Headache	X	X		
Catheter Management	X	X		
Pain Management-Outpatient	X	X		
End of Life Care				
	X (admit)	X (OP)		
Stable Fever non neutropenic	X	X	X	
Stable Fever neutropenic	X		X	X
Bleeding, moderate to severe petechia, bruising				
	X		X	X
Neurosensory/Motor-sensory loss, paresthesia, weakness, and or loss of				
function	X		X	X
Seizures	X		X	X
Acute shortness of breath	X		X	X
	21		21	21



#### **Parental Stress**

For parents of children with cancer, several subdomain of stressors have been identified.

- 1) daily/role functioning (paying bills and family expenses, concerns about my job or my spouse/partner's job, having less time and energy for my other children and/or spouse);
- 2) cancer communication (talking with my child about cancer, talking to my other children, family, and friends about cancer, understanding information about cancer and medical treatment, arguing with my child about taking medicines and other treatment);
- 3) cancer caregiving (not being able to help my child feel better, the effects of my child's treatment, not knowing if my child's cancer will get better



#### **Financial cost**

Indirect cost of cancer
Parking Hospital bill
Pharmacy cost
durable medical treatment

Direct cost
Hospital bill
Pharmacy cost
durable medical treatment



### **Financial Toxicity**

Families of children with cancer contend with not only with the emotional burden of their child's illness but also with the distress of financial and logistical hurdles to care



#### **Parental stressors**

Parents administer medication, monitor for treatment side effects, travel back and forth from the hospital for medical care, and provide emotional support for the child with cancer and other family members. At the same time, parents must continue to financially provide for their family and accomplish day to day activities



## Life disruption

Missed school

Missed work

Disruption in family life

Family scheduling



#### **Patient Satisfaction**

"Being cared for at Nassau allowed me to drop my son off at school, be there during my daughter treatment and home in time to pick him up from the bus"

- "We love all the seeing the same provider and nurses"
- " Allowed him to continue to be on the baseball team, being at a regional makes all the difference"



## Ericksons stages of Development

#### industry versus inferiority

School age

# Identity versus role confusion

Adolescent

# Intimacy versus isolation

Young Adults



#### **Palliative care**

The primary goal of pediatric palliative care (PPC) is to improve or maintain the best possible quality of life (QoL) for the child and their family.

Acknowledge that while receiving palliative care many are actively living and the need to provide support and resources

A review of the literature demonstrated that palliative care at home improves if there is active communication and collaboration between family, homecare and hospital



# Hospice

Pediatric hospice can serve as an "add-on" to existing medical care, allowing patients to continue with curative treatments. This is called "concurrent care.



## Consistency

Consistency in care allows for high-quality communication is associated with parental peace of mind, feelings of being acknowledged and comforted, and greater trust in the provider.



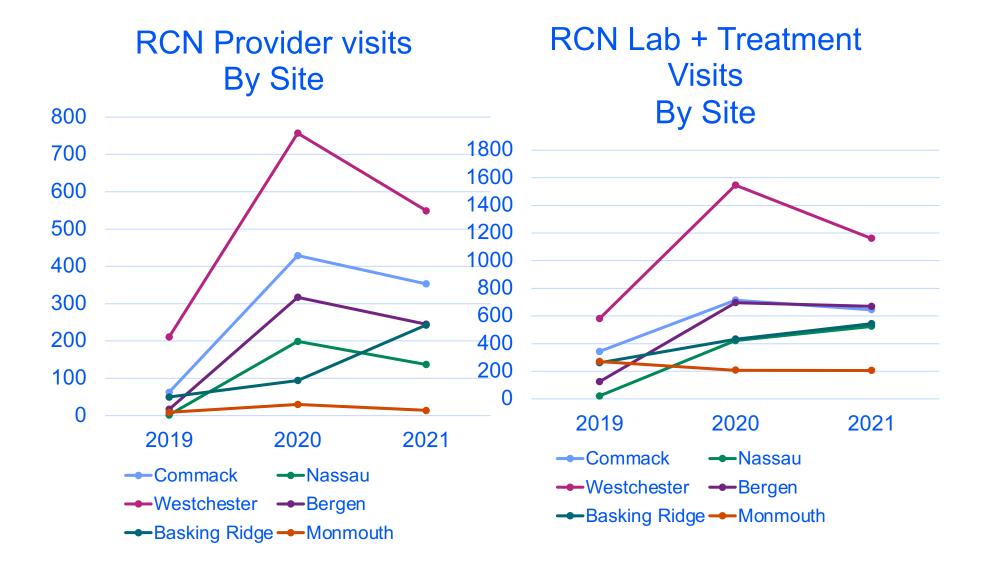
## **Increased Acess to care**



#### Pediatric Outpatient Activity in Regional Sites







## **Looking forward**

Opening of SCC in all regional

Presence APO for new visits

Expanding the age that can receive PT

Echocardiograms



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