

March 19-22, 2020
New York, NY

MSK TOBACCO TREATMENT SPECIALIST TRAINING PROGRAM

Tobacco Treatment Specialists (TTS's) are health care professionals who possess the skills, knowledge, and training to provide effective, evidence-based interventions for tobacco dependence across a range of treatment intensities, in varying contexts, treatment modalities, and with different tobacco using populations.

The MSK 4-day, in person Tobacco Treatment Specialist Training workshop is the first and currently only intensive, onsite training program located in New York City. This workshop is targeted to train multidisciplinary clinicians who work in various healthcare and community settings including primary care, behavioral health, addictions and rehabilitation settings, public housing, oncology settings, specialty medical care such as (e.g. pulmonary medicine, cardiology, oncology), and worksite wellness settings.

Upon completion, participants will receive a training certificate, which makes them eligible for the National Certificate in Tobacco Treatment Practice (NCTTP), recognizing expertise in tobacco treatment delivery.

Cost for the training: \$1,100 to be paid upon registration

ACCREDITATION

Memorial Sloan Kettering Cancer Center is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

AMA Credit Designation Statement

Memorial Sloan Kettering Cancer Center designates this live activity for a maximum of **28.75 AMA PRA Category 1 Credits™**. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Social Work Accreditation Statement

This presentation is approved for a maximum of twenty eight point seven five (28.75) Continuing Education Contact Hours of Live In-Person Training. Memorial Sloan-Kettering Cancer Center is recognized by the New York State Education Department's State Board for Social Work as an approved provider of continuing education for licensed social workers #SW-0228.

This Program is Pending Accreditation by the Council for Tobacco Treatment Training Programs (CTTTP).

For course details and registration:

mskcc.org/TTSCourse

CURRICULUM

- TTS Professional Development
- Comprehensive Approaches to Tobacco Control
- Tobacco Products
- Biopsychosocial Model
- Clinical Assessments
- Behavior Change Treatment Strategies
- Pharmacotherapy
- Evidence-Based Treatment Processes, CBT, MI
- Group Counseling
- Documentation, Coding, Billing, Health Insurance, and Program Evaluation
- Law and Ethics
- Role-Plays

MSK PROGRAM FACULTY

Chris Kotsen, PsyD, NCTTP
Jamie Ostroff, PhD, CTTS, NCTTP
Lisa Carter-Harris, PhD, APRN, ANP-C, FAAN, TTS
Tom Payne, PhD, NCTTP
Smita Banerjee, PhD
Helena Furberg-Barnes, PhD
Maureen O'Brien, MS, RN, CNS, PMHCNS-BC, CTTS, NCTTP
C. Will Whitlock, MSN, PMHNP-BC, CTTS, NCTTP
Suhana Deleon-Sanchez, MSN, PMHNP-BC, CTTS, NCTTP
Ivy Opoku-Nti, MPH, CTTS, NCTTP

TARGET AUDIENCE

The target audience will be multidisciplinary clinicians who work in various healthcare and community settings including primary care, behavioral health, addictions and rehabilitation settings, public housing, oncology settings, specialty medical care such as (e.g. pulmonary medicine, cardiology, oncology), and worksite wellness settings.

PROGRAM LOCATION

Memorial Sloan Kettering Cancer Center
641 Lexington Ave
7th Floor
New York, NY 10022



Memorial Sloan Kettering
Cancer Center



MSK TTS TRAINING PROGRAM SCHEDULE

DAY 1 • Thursday, March 19

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| 7:30 AM | | Breakfast and Registration |
| 8:00 AM | | Welcome and Introductions from Jamie Ostroff, PhD |
| 8:30 AM | MODULE 1 | Tobacco Treatment Specialists: Roles, Responsibilities, Professional Development, and Credentialing |
| | MODULE 10 | Law and Ethics <i>Lecture: Tobacco Treatment Specialists: Roles, Responsibilities, Ethics and Credentialing</i> |
| 9:00 AM | MODULE 2 | Comprehensive Approaches to Tobacco Control <i>Lecture: Comprehensive Tobacco Control Programs</i> |
| 9:45 AM | | Break |
| 10:00 AM | MODULE 2 | Comprehensive Approaches to Tobacco Control <i>Lecture: Evidence-Based Tobacco Dependence Treatment Approaches</i> |
| 10:45 AM | MODULE 2 | Comprehensive Approaches to Tobacco Control <i>Lecture: Health Care Delivery Systems Approaches</i> |
| 11:15 AM | MODULE 3 | Tobacco Products: Marketing, Design, Prevalence of Use, and Health Consequences <i>Film: The Evolving Cigarette</i> |
| 11:45 AM | | Lunch Break |
| 12:45 PM | MODULE 3 | Tobacco Products: Marketing, Design, Prevalence of Use, and Health Consequences <i>Lecture: Tobacco Products: Design, Packaging, Marketing, and Addiction Liability</i> |
| 2:00 PM | MODULE 3 | Tobacco Products: Marketing, Design, Prevalence of Use, and Health Consequences <i>Lecture: Product Design, Electronic Delivery Systems/Vaporizers</i> |
| 3:00 PM | | Break |
| 3:15 PM | MODULE 3 | Tobacco Products: Marketing, Design, Prevalence of Use, and Health Consequences <i>Lecture: Health Consequences of Tobacco Use: Causal Influences on Diseases</i> |
| 3:45 AM | MODULES 1-3 | Activity: Family Feud Tobacco Trivia, Part I (two teams of 10) |
| 4:30 PM | | Submit Program Evaluations for the Day |
| 5:00 PM | | Adjourn |

DAY 2 • Friday, March 20

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| 7:30 AM | | Breakfast and Checkin |
| 8:00 AM | MODULE 3 | Tobacco Products: Marketing, Design, Prevalence of Use, and Health Consequences <i>Lecture: Tobacco Use of Prevalence Rates</i> |
| 8:45 AM | MODULE 3 | Tobacco Products: Marketing, Design, Prevalence of Use, and Health Consequences <i>Lecture: Tobacco-Related Disparities</i> |
| 9:30 AM | MODULE 4 | A Biopsychosocial Approach to Understanding and Treating Tobacco Use <i>Lecture: A Biopsychosocial Approach to Understanding and Treating Tobacco Use</i> |
| 10:15 AM | | Break |
| 10:30 AM | MODULES 1-4 | Activity: Family Feud Tobacco Trivia, Part II (two teams of 10) |
| 11:15 AM | MODULE 5 | Comprehensive Clinical Assessment of the Tobacco User <i>Lecture: The Fundamentals of Assessment: Essential Characteristics and Other Important Factors</i> |
| 12:30 PM | | Lunch Break |
| 1:15 PM | MODULE 5 | Comprehensive Clinical Assessment of the Tobacco User <i>Lecture: Small Group (4-5) Role Play with Actors – Intake Assessment</i> |
| 2:45 PM | MODULE 6 | Principles of Evidence-based, Patient-centered, Behavior Change Treatment Strategies <i>Activity: Motivational Interviewing Fundamentals</i> |
| 3:30 PM | | Break |
| 3:45 PM | MODULE 6 | Principles of Evidence-based, Patient-centered, Behavior Change Treatment Strategies <i>Activity: Small Group (4-5) Role Play with Actors – Motivational Interviewing</i> |
| 4:45 PM | | Submit Program Evaluations for the Day |
| 5:00 PM | | Adjourn |



MSK TTS TRAINING PROGRAM SCHEDULE

DAY 3 • Saturday, March 21

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| 7:30 AM | | Breakfast; checkin, Test Review Questions |
| 8:00 AM | MODULE 6 | Principles of Evidence-based, Patient-centered, Behavior Change Treatment Strategies <i>Lecture: Fundamentals of Cognitive Behavioral Therapy</i> |
| 8:45 AM | MODULE 6 | Principles of Evidence-based, Patient-centered, Behavior Change Treatment Strategies <i>Lecture: Relapse Prevention and Recovery</i> |
| 9:30 AM | | Break |
| 9:45 AM | MODULE 6 | Principles of Evidence-based, Patient-centered, Behavior Change Treatment Strategies <i>Activity: Small Group (4-5) Role Play with Actors – Trigger-Craving-Response</i> |
| 11:15 AM | MODULE 7 | Basic Pharmacotherapy for Tobacco use and Advanced Pharmacologic Treatment Planning <i>Lecture: Fundamentals of Pharmacotherapy</i> |
| 12:15 PM | | Lunch Break |
| 1:00 PM | MODULE 7 | <i>Activity: Small Group (4-5) Role Play with Actors – Pharmacotherapy</i> |
| 2:30 PM | | Break |
| 2:45 PM | MODULE 8 | Treatment Processes <i>Lecture: Therapeutic, Collaborative Goal Setting During Treatment</i> |
| 3:30 PM | MODULE 8 | Treatment Processes <i>Lecture: Group Tobacco Treatment</i> |
| 4:15 PM | | <i>Activity: Mock Group Counseling, Visit 1</i> |
| 5:00 PM | | Adjourn |

DAY 4 • Sunday, March 22

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| 7:30 AM | | Breakfast; checkin, Test Review Questions |
| 8:00 AM | MODULE 8 | Treatment Processes <i>Lecture: Treating Priority Populations</i> |
| 9:15 AM | MODULE 7 | Pharmacotherapy for Tobacco Use and Advanced Pharmacologic Treatment Planning <i>Lecture: Advanced Pharmacotherapy, Precision Medicine, Epidemiology</i> |
| 10:30 AM | | Break |
| 10:45 AM | | <i>Activity: Mock Group Counseling, Visit 2</i> |
| 11:45 AM | | Lunch Break |
| 12:45 PM | MODULE 9 | Documentation, Coding, Billing, Health Insurance, and Program Evaluation <i>Film: Documentation, Program Evaluation and Implementation, and Wellness Programs</i> |
| 1:30 PM | MODULE 9 | Documentation, Coding, Billing, Health Insurance, and Program Evaluation <i>Lecture: Program Implementation and Evaluating a Health Care Delivery Systems Level Tobacco Treatment Intervention</i> |
| 2:15 PM | MODULE 9 | Documentation, Coding, Billing, Health Insurance, and Program Evaluation <i>Lecture: Coding and Billing</i> |
| 2:45 PM | | Break |
| 3:00 PM | MODULE 1 MODULE 10 | Tobacco Treatment Specialists: Roles, Responsibilities, Professional Development, and Credentialing Law and Ethics <i>Lecture: Professional Development, Law, and Ethics</i> |
| 3:30 PM | MODULE 1 MODULE 10 | Tobacco Treatment Specialists: Roles, Responsibilities, Professional Development, and Credentialing Law and Ethics <i>Lecture: National Tobacco Treatment Credentialing</i> |
| 4:00 PM | | Closing Remarks |
| 4:15 PM | | Submit Program Evaluations for the Day |
| 4:30 PM | | Adjourn |

