

Memorial Sloan Kettering Cancer Center

4-Day **Tobacco Treatment Specialist** Training Workshop

It was a great learning experience. The breakthrough sessions/role play were a good opportunity to get hands on experience as well as network.

- Deepa D., NYC Health + Hospitals (Queens Hospital)

The role play was instrumental to driving home the concepts of motivational interviewing. They were important and enjoyable.

- Andria R., Columbia University Irving Medical Center

The actors are great and a tremendous help with learning how to interview patients.

- Kimberly G., North Mississippi Health Services



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Cancer Center

Overview

Tobacco Treatment Specialists (TTS's) are health care professionals who possess the skills, knowledge, and training to provide effective, evidence-based interventions for tobacco dependence across a range of treatment intensities, in varying contexts, treatment modalities, and with different tobacco using populations.

The Memorial Sloan Kettering Cancer Center (MSK) 4-day, virtual **Tobacco Treatment Specialist Training Workshop** is designed to train multidisciplinary clinicians who work in various healthcare and community settings including primary care, behavioral health, addictions and rehabilitation settings, public housing, oncology settings, specialty medical care such as (e.g. pulmonary medicine, cardiology, oncology), and worksite wellness settings.

CURRICULUM

- TTS Professional Development
- Comprehensive Approaches to Tobacco Control
- Tobacco Products
- Biopsychosocial Model
- Clinical Assessments
- Behavior Change Treatment Strategies
- Pharmacotherapy
- Evidence-Based Treatment Processes, CBT, MI
- Group Counseling
- Documentation, Coding, Billing, Health Insurance, and Program Evaluation
- Law and Ethics
- Live Role Plays with Professional NYC Actors

LIVE VIRTUAL FORMAT

This live virtual program will be delivered using Zoom (zoom.us/download).

We do ask that all registered attendees have access to a computer with a webcam as this training is highly interactive. The training instructors will ask for attendee participation throughout lectures and group training activities.

Additional pre-training instructions, including how to access the live virtual program, will be emailed prior to the start of the program.

MSK PROGRAM FACULTY

Chris Kotsen, PsyD, NCTTP

Jamie Ostroff, PhD, CTTS, NCTTP

Tom Payne, PhD, NCTTP

Smita Banerjee, PhD

Maureen O'Brien, MS, RN, CNS, PMHCNS-BC, CTTS, NCTTP

REGISTER ONLINE

mskcc.org/TTScourse

Registration Fee (4-Day Live Virtual Training): **\$1,100**

A registration discount is available for **MSK Alumni** and **MSK Cancer Alliance** members to attend a MSK CME course. If you are a member of one of these groups, contact cme@mskcc.org for details.

Registration is complimentary for all **MSK employees**; however, you will be placed on a waitlist and notified prior to the course if space is available. Please complete registration through the website to be added to the waitlist.

ACCREDITATION

Memorial Sloan Kettering Cancer Center is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

AMA CREDIT DESIGNATION STATEMENT

Memorial Sloan Kettering Cancer Center designates this live activity for a maximum of **30.25 AMA PRA Category 1 Credits™**. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

ANCC CNE STATEMENT

Memorial Sloan Kettering Cancer Center–Nursing Professional Development / Continuing Education is accredited with distinction as a provider of nursing continuing professional development (NCPD) by the American Nurses Credentialing Center’s Commission on Accreditation.

30.25 contact hours will be awarded to participants who attend the program in its entirety and complete a program evaluation. Partial credit not awarded.

SOCIAL WORK ACCREDITATION STATEMENT*

Teleconference: This presentation is approved for a maximum of **28 Continuing Education Contact Hours** of Live Virtual Training. Memorial Sloan Kettering Cancer Center is recognized by the New York State Education Department’s State Board for Social Work as an approved provider of continuing education for licensed social workers #SW-0228.

CONTINUING EDUCATION FOR LICENSED PSYCHOLOGISTS IN NEW YORK STATE*

This event offers 30 NYS Psychology Contact Hours.

Memorial Sloan Kettering Cancer Center is recognized by the New York State Education Department State Board for Psychology as an approved provider of continuing education for licensed psychologists #PSY-0166

*Not all states accept NYS CEUs for Social Work or Psychology. Please check with the licensing board in your state for guidance on their acceptance of the credit types offered for this course

Upon completion, participants will receive a training certificate, which makes them eligible for the National Certificate in Tobacco Treatment Practice (NCTTP). For additional details about the program and a complete agenda, please email Noshin Haque (haquen1@mskcc.org).

This Program is Accredited by the Council for Tobacco Treatment Training Programs (CTTTP).



This training is approved for 24.00 OASAS education and training clock hours which satisfy CASAC/ CPP/ CPS education requirements.

Schedule

DAY 1

8:30 AM		Virtual Course Check-in
9:00 AM		Welcome and Introduction
9:45 AM	MODULE 1	Tobacco Treatment Specialists: Roles, Responsibilities, Professional Development, and Credentialing
	MODULE 10	Law and Ethics
		Lecture: Tobacco Treatment Specialists: Roles, Responsibilities, Ethics and Credentialing
10:15 AM	MODULE 2	Comprehensive Approaches to Tobacco Control
		Lecture: Comprehensive Tobacco Control Programs
		Lecture: Evidence-Based Tobacco Dependence Treatment Approaches
11:15 AM		Break
11:30 AM	MODULE 2	Comprehensive Approaches to Tobacco Control
		Lecture: Health Care Delivery Systems Approaches
12:00 PM	MODULE 3	Tobacco Products: Marketing, Design, Prevalence of Use, and Health Consequences
		Lecture: Tobacco Products: Design, Packaging, Marketing, and Addiction Liability
		Lecture: Tobacco Products (Hookahs, Smokeless Tobacco, Gutka and Paan)
1:00 PM		Lunch Break
		Optional Film (30 MIN.): The Evolving Cigarette
2:00 PM	MODULE 3	Tobacco Products: Marketing, Design, Prevalence of Use, and Health Consequences
		Lecture: Health Consequences of Tobacco Use: Causal Influences on Diseases
2:45 PM	MODULE 3	Tobacco Products: Marketing, Design, Prevalence of Use, and Health Consequences
		Lecture: Product Design, Electronic Delivery Systems/Vaporizers
3:45 PM		Break
4:00 PM	MODULE 3	Tobacco Products: Marketing, Design, Prevalence of Use, and Health Consequences
		Lecture: Tobacco Use of Prevalence Rates
4:45 PM	MODULES 1-3	Learning Activity: Family Feud Tobacco Trivia, Part I (two teams of 10)
5:30 PM		Submit Program Evaluations for the Day
5:45 PM		Adjourn

DAY 2

8:45 AM		Virtual Course Check-in
9:00 AM	MODULE 3	Tobacco Products: Marketing, Design, Prevalence of Use, and Health Consequences
		Lecture: Tobacco Use of Prevalence Rates
9:45 AM	MODULE 4	A Biopsychosocial Approach to Understanding and Treating Tobacco Use
		Lecture: A Biopsychosocial Approach to Understanding and Treating Tobacco Use
10:45 AM	MODULES 1-4	Learning Activity: Family Feud Tobacco Trivia, Part II (two teams of 10)
11:15 AM		Break
11:30 AM	MODULE 5	Comprehensive Clinical Assessment of the Tobacco User
		Lecture: The Fundamentals of Assessment: Essential Characteristics and Other Important Factors
12:45 PM		Lunch Break
1:45 PM		Lecture: Introduction to Role Play Activity
2:00 PM	MODULE 5	Comprehensive Clinical Assessment of the Tobacco User
		Learning Activity: Small group role play with actors - Intake Assessment
3:15 PM	MODULE 6	Principles of Evidence-based, Patient-centered, Behavior Change Treatment Strategies
		Lecture: Motivational Interviewing Fundamentals
4:15 PM		Break
4:30 PM	MODULE 6	Principles of Evidence-based, Patient-centered, Behavior Change Treatment Strategies
		Learning Activity: Small Group Role Play with Actors - Motivational Interviewing
5:45 PM		Submit Program Evaluations for the Day
6:00 PM		Adjourn

DAY 3

8:30 AM	Virtual Course Check-in
8:40 AM	Take Quiz #1 and Review
9:05 AM	MODULE 6 Principles of Evidence-based, Patient-centered, Behavior Change Treatment Strategies <i>Lecture: Fundamentals of Cognitive Behavioral Therapy</i>
10:15 AM	MODULE 6 Principles of Evidence-based, Patient-centered, Behavior Change Treatment Strategies <i>Learning Activity: Small Group Role Play with Actors - Trigger-Craving-Response</i>
11:30 AM	Break
11:45 AM	MODULE 7 Pharmacotherapy for Tobacco use and Advanced Pharmacologic Treatment Planning <i>Lecture: Fundamentals of Pharmacotherapy</i>
1:15 PM	Lunch Break
2:15 PM	MODULE 7 Basic Pharmacotherapy for Tobacco use and Advanced Pharmacologic Treatment Planning <i>Lecture: Advanced Pharmacotherapy</i>
3:15 PM	MODULE 7 <i>Learning Activity: Small Group Role Play with Actors - Pharmacotherapy</i>
4:30 PM	Break
4:45 PM	MODULE 8 Treatment Processes <i>Lecture: Treating Priority Populations</i>
5:45 PM	Submit Program Evaluations for the Day
6:00 PM	Adjourn

DAY 4

8:30 AM	Virtual Course Check-in
8:45 AM	Take Quiz #2 and Review
9:15 AM	MODULE 8 Treatment Processes <i>Lecture: Therapeutic, Collaborative Goal Setting During Treatment</i>
10:00 AM	MODULE 6 Principles of Evidence-based, Patient-centered, Behavior Change Treatment Strategies <i>Lecture: Relapse Prevention and Recovery</i>
10:45 AM	MODULE 8 Treatment Processes <i>Lecture: Group Tobacco Treatment</i>
11:30 AM	Break
11:45 AM	MODULE 8 <i>Learning Activity: Mock Group Counseling, Visit 1</i>
12:45 PM	Lunch Break
1:45 PM	MODULE 9 Documentation, Coding, Billing, Health Insurance, and Program Evaluation <i>Lecture: Documentation, Program Evaluation and Implementation, and Wellness Programs</i>
2:45 PM	MODULE 9 Documentation, Coding, Billing, Health Insurance, and Program Evaluation <i>Lecture: Coding and Billing</i>
3:45 PM	Break
4:00 PM	MODULE 9 Documentation, Coding, Billing, Health Insurance, and Program Evaluation <i>Learning Activity; "Next Steps" Discussion: Program Implementation and Evaluating a Health Care Delivery Systems Level Tobacco Treatment Intervention</i>
4:45 PM	MODULE 1 Tobacco Treatment Specialists: Roles, Responsibilities, Professional Development, and Credentialing MODULE 10 Law and Ethics <i>Lecture: Professional Development, Law, and Ethics</i>
5:15 PM	MODULE 1 Tobacco Treatment Specialists: Roles, Responsibilities, Professional Development, and Credentialing MODULE 10 Law and Ethics <i>Lecture: National Tobacco Treatment Credentialing</i>
5:45 PM	Closing Remarks Submit Program Evaluations for the Day
6:00 PM	Adjourn





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