

Memorial Sloan Kettering Cancer Center

# Tobacco Treatment Specialist Training Program

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LIVE VIRTUAL TRAINING

APRIL 6-9, 2021

*It was a great learning experience. The breakthrough sessions/role play were a good opportunity to get hands on experience as well as network.*

- Deepa D., NYC Health + Hospitals (Queens Hospital)

*The role play was instrumental to driving home the concepts of motivational interviewing. They were important and enjoyable.*

- Andria R., Columbia University Irving Medical Center

*The actors are great and a tremendous help with learning how to interview patients.*

- Kimberly G., North Mississippi Health Services



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Cancer Center

# MSK Tobacco Treatment Specialist Training Program

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## OVERVIEW

**Tobacco Treatment Specialists (TTS's)** are health care professionals who possess the skills, knowledge, and training to provide effective, evidence-based interventions for tobacco dependence across a range of treatment intensities, in varying contexts, treatment modalities, and with different tobacco using populations.

The **MSK 4-day, Tobacco Treatment Specialist Live Virtual Training Program** is designed to train multidisciplinary clinicians who work in various healthcare and community settings including primary care, behavioral health, addictions and rehabilitation settings, public housing, oncology settings, specialty medical care such as (e.g. pulmonary medicine, cardiology, oncology), and worksite wellness settings.

## LIVE VIRTUAL FORMAT

**We do ask that all registered attendees have access to a computer with a Webcam as this training is highly interactive.** This live virtual course will be delivered using Zoom. We encourage all attendees to download the Zoom app prior to start of the course ([zoom.us/download](https://zoom.us/download)). The training instructors will ask for attendee participation throughout lectures and group training activities. Additional pre-training instructions, including how to access the live virtual program, will be emailed to all attendees prior to the start of the program.

## ACCREDITATION

Memorial Sloan Kettering Cancer Center is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

### AMA Credit Designation Statement

Memorial Sloan Kettering Cancer Center designates this online activity for a maximum of **29.25 AMA PRA Category 1 Credits™**. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

### Social Work Accreditation Statement

This presentation is approved for a maximum of twenty-eight (28) **Continuing Education Contact Hours of Live In-Person Training**. Memorial Sloan Kettering Cancer Center is recognized by the New York State Education Department's State Board for Social Work as an approved provider of continuing education for licensed social workers #SW-0228.

Upon completion, participants will receive a training certificate, which makes them eligible for the National Certificate in Tobacco Treatment Practice (NCTTP). For additional details about the program and a complete agenda, please email Noshin Haque ([haquen1@mskcc.org](mailto:haquen1@mskcc.org)).

**This Program is Accredited by the Council for Tobacco Treatment Training Programs (CTTTP).**

## MSK PROGRAM FACULTY

Chris Kotsen, PsyD, NCTTP  
Jamie Ostroff, PhD, CTTS, NCTTP  
Lisa Carter-Harris, PhD, APRN, ANP-C, FAAN, TTS  
Tom Payne, PhD, NCTTP  
Smita Banerjee, PhD  
Maureen O'Brien, MS, RN, CNS, PMHCNS-BC, CTTS, NCTTP  
C. Will Whitlock, MSN, PMHNP-BC, CTTS, NCTTP  
Suhana Deleon-Sanchez, MSN, PMHNP-BC, CTTS, NCTTP  
Ivy Opoku-Nti, MPH, CTTS, NCTTP

## CURRICULUM

- TTS Professional Development
- Comprehensive Approaches to Tobacco Control
- Tobacco Products
- Biopsychosocial Model
- Clinical Assessments
- Behavior Change Treatment Strategies
- Pharmacotherapy
- Evidence-Based Treatment Processes, CBT, MI
- Group Counseling
- Documentation, Coding, Billing, Health Insurance, and Program Evaluation
- Law and Ethics
- Live Role Plays with Professional NYC Actors

### Live Virtual Registration Fee: \$1,100

Discounts available for MSK Alumni, MSK Cancer Alliance, and Cancer Care Partners.

Visit [mskcc.org/TTSCourse](https://mskcc.org/TTSCourse) for details and registration.



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[mskcc.org/TTSCourse](https://mskcc.org/TTSCourse)

# LIVE VIRTUAL SCHEDULE

## DAY 1 • Tuesday, April 6, 2021

7:30 AM		Virtual Course Check-in
8:00 AM		<b>Welcome and Introduction</b>
8:45 AM	<b>MODULE 1</b> <b>MODULE 10</b>	<b>Tobacco Treatment Specialists: Roles, Responsibilities, Professional Development, and Credentialing</b> <b>Law and Ethics</b> <i>Lecture: Tobacco Treatment Specialists: Roles, Responsibilities, Ethics and Credentialing</i>
9:15 AM	<b>MODULE 2</b>	<b>Comprehensive Approaches to Tobacco Control</b> <i>Lecture: Comprehensive Tobacco Control Programs</i> <i>Lecture: Evidence-Based Tobacco Dependence Treatment Approaches</i>
10:15 AM		Break
10:30 AM	<b>MODULE 2</b>	<b>Comprehensive Approaches to Tobacco Control</b> <i>Lecture: Health Care Delivery Systems Approaches</i>
11:00 AM	<b>MODULE 3</b>	<b>Tobacco Products: Marketing, Design, Prevalence of Use, and Health Consequences</b> <i>Lecture: Tobacco Products: Design, Packaging, Marketing, and Addiction Liability</i> <i>Lecture: Tobacco Products (Hookahs, Smokeless Tobacco, Gutka and Paan)</i>
12:00 PM		Lunch Break <i>Optional Film (30 MIN.): The Evolving Cigarette</i>
1:00 PM	<b>MODULE 3</b>	<b>Tobacco Products: Marketing, Design, Prevalence of Use, and Health Consequences</b> <i>Lecture: Product Design, Electronic Delivery Systems/Vaporizers</i>
2:00 PM		Break
2:15 PM	<b>MODULE 3</b>	<b>Tobacco Products: Marketing, Design, Prevalence of Use, and Health Consequences</b> <i>Lecture: Health Consequences of Tobacco Use: Causal Influences on Diseases</i>
2:45 AM	<b>MODULE 3</b>	<b>Tobacco Products: Marketing, Design, Prevalence of Use, and Health Consequences</b> <i>Lecture: Tobacco Use of Prevalence Rates</i>
3:30 PM	<b>MODULES 1-3</b>	<b>Learning Activity: Family Feud Tobacco Trivia, Part I (two teams of 10)</b>
4:15 PM		<b>Submit Program Evaluations for the Day</b>
4:30 PM		Adjourn

## DAY 2 • Wednesday, April 7, 2021

7:30 AM		Virtual Course Check-in
8:00 AM	<b>MODULE 3</b>	<b>Tobacco Products: Marketing, Design, Prevalence of Use, and Health Consequences</b> <i>Lecture: Tobacco Use of Prevalence Rates</i>
8:45 AM	<b>MODULE 4</b>	<b>A Biopsychosocial Approach to Understanding and Treating Tobacco Use</b> <i>Lecture: A Biopsychosocial Approach to Understanding and Treating Tobacco Use</i>
9:45 AM	<b>MODULES 1-4</b>	<b>Learning Activity: Family Feud Tobacco Trivia, Part II (two teams of 10)</b>
10:15 AM		Break
10:30 AM	<b>MODULE 5</b>	<b>Comprehensive Clinical Assessment of the Tobacco User</b> <i>Lecture: The Fundamentals of Assessment: Essential Characteristics and Other Important Factors</i>
11:45 AM		<i>Lecture: Introduction to Role Play Activity</i>
12:00 PM		Lunch Break
1:00 AM	<b>MODULE 5</b>	<b>Principles of Evidence-based, Patient-centered, Behavior Change Treatment Strategies</b> <i>Learning Activity: Small Group Role Play with Actors - Intake Assessment</i>
2:15 PM	<b>MODULE 6</b>	<b>Principles of Evidence-based, Patient-centered, Behavior Change Treatment Strategies</b> <i>Lecture: Motivational Interviewing Fundamentals</i>
3:15 PM		Break
3:30 PM	<b>MODULE 6</b>	<b>Principles of Evidence-based, Patient-centered, Behavior Change Treatment Strategies</b> <i>Learning Activity: Small Group Role Play with Actors - Motivational Interviewing</i>
4:45 PM		<b>Submit Program Evaluations for the Day</b>
5:00 PM		Adjourn



# LIVE VIRTUAL SCHEDULE

## DAY 3 • Thursday, April 8, 2021

7:30 AM		Virtual Course Check-in
7:45 AM		<b>Take Quiz #1 and Review</b>
8:15 AM	<b>MODULE 6</b>	<b>Principles of Evidence-based, Patient-centered, Behavior Change Treatment Strategies</b> <i>Lecture: Fundamentals of Cognitive Behavioral Therapy</i>
9:00 AM	<b>MODULE 6</b>	<b>Principles of Evidence-based, Patient-centered, Behavior Change Treatment Strategies</b> <i>Learning Activity: Small Group Role Play with Actors - Trigger-Craving-Response</i>
10:15 AM		Break
10:30 AM	<b>MODULE 7</b>	<b>Pharmacotherapy for Tobacco use and Advanced Pharmacologic Treatment Planning</b> <i>Lecture: Advanced Pharmacotherapy</i>
12:00 PM		Lunch Break
1:00 PM	<b>MODULE 7</b>	<i>Learning Activity: Small Group Role Play with Actors - Pharmacotherapy</i>
2:15 PM	<b>MODULE 7</b>	<b>Basic Pharmacotherapy for Tobacco use and Advanced Pharmacologic Treatment Planning</b> <i>Lecture: Advanced Pharmacotherapy</i>
3:00 PM		Break
3:15 PM	<b>MODULE 8</b>	<b>Treatment Processes</b> <i>Lecture: Treating Priority Populations</i>
4:30 PM		<b>Submit Program Evaluations for the Day</b>
4:45 PM		Adjourn

## DAY 4 • Friday, April 9, 2021

7:30 AM		Virtual Course Check-in
7:45 AM		<b>Take Quiz #2 and Review</b>
8:15 AM	<b>MODULE 8</b>	<b>Treatment Processes</b> <i>Lecture: Therapeutic, Collaborative Goal Setting During Treatment</i>
9:15 AM	<b>MODULE 6</b>	<b>Principles of Evidence-based, Patient-centered, Behavior Change Treatment Strategies</b> <i>Lecture: Relapse Prevention and Recovery</i>
10:00 AM	<b>MODULE 8</b>	<b>Treatment Processes</b> <i>Lecture: Group Tobacco Treatment</i>
10:45 AM		Break
11:00 AM	<b>MODULE 8</b>	<i>Learning Activity: Mock Group Counseling, Visit 1</i>
12:00 PM		Lunch Break
1:00 PM	<b>MODULE 9</b>	<b>Documentation, Coding, Billing, Health Insurance, and Program Evaluation</b> <i>Lecture: Documentation, Program Evaluation and Implementation, and Wellness Programs</i>
1:45 PM	<b>MODULE 9</b>	<b>Documentation, Coding, Billing, Health Insurance, and Program Evaluation</b> <i>Lecture: Coding and Billing</i>
2:45 PM		Break
3:00 PM	<b>MODULE 9</b>	<b>Documentation, Coding, Billing, Health Insurance, and Program Evaluation</b> <i>Learning Activity: Program Implementation and Evaluating a Health Care Delivery Systems Level Tobacco Treatment Intervention</i>
3:45 PM	<b>MODULE 1</b> <b>MODULE 10</b>	<b>Tobacco Treatment Specialists: Roles, Responsibilities, Professional Development, and Credentialing</b> <b>Law and Ethics</b> <i>Lecture: Professional Development, Law, and Ethics</i>
4:15 PM	<b>MODULE 1</b> <b>MODULE 10</b>	<b>Tobacco Treatment Specialists: Roles, Responsibilities, Professional Development, and Credentialing</b> <b>Law and Ethics</b> <i>Lecture: National Tobacco Treatment Credentialing</i>
4:45 PM		<b>Closing Remarks</b> <b>Submit Program Evaluations for the Day</b>
5:00 PM		Adjourn

