

# MSK Tobacco Treatment Specialist Training Program

**Tobacco Treatment Specialists (TTS's)** are health care professionals who possess the skills, knowledge, and training to provide effective, evidence-based interventions for tobacco dependence across a range of treatment intensities, in varying contexts, treatment modalities, and with different tobacco using populations.

The **MSK 4-day, Tobacco Treatment Specialist Live Virtual Training Program** is designed to train multidisciplinary clinicians who work in various healthcare and community settings including primary care, behavioral health, addictions and rehabilitation settings, public housing, oncology settings, specialty medical care such as (e.g. pulmonary medicine, cardiology, oncology), and worksite wellness settings.

**Upon completion, participants will receive a training certificate, which makes them eligible for the National Certificate in Tobacco Treatment Practice (NCTTP), recognizing expertise in tobacco treatment delivery.**

**Live virtual training cost:** \$1,100 to be paid upon registration

## LIVE VIRTUAL FORMAT

**We do ask that all registered attendees have access to a computer with a Webcam as this training is highly interactive.** This live virtual course will be delivered using Zoom. We encourage all attendees to download the Zoom app prior to start of the course ([zoom.us/download](https://zoom.us/download)). The training instructors will ask for attendee participation throughout lectures and group training activities. Additional pre-training instructions, including how to access the live virtual program, will be emailed to all attendees prior to the start of the program.

## ACCREDITATION

Memorial Sloan Kettering Cancer Center is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

### AMA Credit Designation Statement

Memorial Sloan Kettering Cancer Center designates this online activity for a maximum of **29.00 AMA PRA Category 1 Credits™**. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

### Social Work Accreditation Statement

This presentation is approved for a maximum of twenty eight point seven five (28.75) Continuing Education Contact Hours of Live In-Person Training. Memorial Sloan-Kettering Cancer Center is recognized by the New York State Education Department's State Board for Social Work as an approved provider of continuing education for licensed social workers #SW-0228.

**This Program is Pending Accreditation by the Council for Tobacco Treatment Training Programs (CTTTP).**

## MSK PROGRAM FACULTY

Chris Kotsen, PsyD, NCTTP  
Jamie Ostroff, PhD, CTTS, NCTTP  
Lisa Carter-Harris, PhD, APRN, ANP-C, FAAN, TTS  
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## CURRICULUM

- TTS Professional Development
- Comprehensive Approaches to Tobacco Control
- Tobacco Products
- Biopsychosocial Model
- Clinical Assessments
- Behavior Change Treatment Strategies
- Pharmacotherapy
- Evidence-Based Treatment Processes, CBT, MI
- Group Counseling
- Documentation, Coding, Billing, Health Insurance, and Program Evaluation
- Law and Ethics
- Role-Plays



Memorial Sloan Kettering  
Cancer Center



For training details and registration:

[mskcc.org/TTSCourse](https://mskcc.org/TTSCourse)

# MSK TTS Training Program

## LIVE VIRTUAL SCHEDULE

### DAY 1 • Tuesday, November 10

8:00 AM		Welcome and Introductions
8:45 AM	<b>MODULE 1</b>	<b>Tobacco Treatment Specialists: Roles, Responsibilities, Professional Development, and Credentialing</b>
	<b>MODULE 10</b>	<b>Law and Ethics</b> <i>Lecture: Tobacco Treatment Specialists: Roles, Responsibilities, Ethics and Credentialing</i>
9:15 AM	<b>MODULE 2</b>	<b>Comprehensive Approaches to Tobacco Control</b> <i>Lecture: Comprehensive Tobacco Control Programs</i> <i>Lecture: Evidence-Based Tobacco Dependence Treatment Approaches</i>
10:00 AM		Break
10:15 AM	<b>MODULE 2</b>	<b>Comprehensive Approaches to Tobacco Control</b> <i>Lecture: Health Care Delivery Systems Approaches</i>
10:35 AM	<b>MODULE 3</b>	<b>Tobacco Products: Marketing, Design, Prevalence of Use, and Health Consequences</b> <b>Film: The Evolving Cigarette</b>
11:45 AM		Lunch Break
12:45 PM	<b>MODULE 3</b>	<b>Tobacco Products: Marketing, Design, Prevalence of Use, and Health Consequences</b> <i>Lecture: Tobacco Products: Design, Packaging, Marketing, and Addiction Liability</i>
2:00 PM	<b>MODULE 3</b>	<b>Tobacco Products: Marketing, Design, Prevalence of Use, and Health Consequences</b> <i>Lecture: Product Design, Electronic Delivery Systems/Vaporizers</i>
3:00 PM		Break
3:15 PM	<b>MODULE 3</b>	<b>Tobacco Products: Marketing, Design, Prevalence of Use, and Health Consequences</b> <i>Lecture: Health Consequences of Tobacco Use: Causal Influences on Diseases</i>
3:45 AM	<b>MODULES 1-3</b>	<b>Activity: Family Feud Tobacco Trivia, Part I (two teams of 10)</b>
4:30 PM		<b>Submit Program Evaluations for the Day</b>
4:45 PM		Adjourn

### DAY 2 • Wednesday, November 11

8:00 AM	<b>MODULE 3</b>	<b>Tobacco Products: Marketing, Design, Prevalence of Use, and Health Consequences</b> <i>Lecture: Tobacco Use of Prevalence Rates</i>
8:45 AM	<b>MODULE 3</b>	<b>Tobacco Products: Marketing, Design, Prevalence of Use, and Health Consequences</b> <i>Lecture: Tobacco-Related Disparities</i>
9:30 AM	<b>MODULE 4</b>	<b>A Biopsychosocial Approach to Understanding and Treating Tobacco Use</b> <i>Lecture: A Biopsychosocial Approach to Understanding and Treating Tobacco Use</i>
10:15 AM		Break
10:30 AM	<b>MODULES 1-4</b>	<b>Activity: Family Feud Tobacco Trivia, Part II (two teams of 10)</b>
11:15 AM	<b>MODULE 5</b>	<b>Comprehensive Clinical Assessment of the Tobacco User</b> <i>Lecture: The Fundamentals of Assessment: Essential Characteristics and Other Important Factors</i>
12:30 PM		Lunch Break
1:15 PM	<b>MODULE 5</b>	<b>Comprehensive Clinical Assessment of the Tobacco User</b> <i>Lecture: Small Group (4-5) Role Play with Actors - Intake Assessment</i>
2:45 PM	<b>MODULE 6</b>	<b>Principles of Evidence-based, Patient-centered, Behavior Change Treatment Strategies</b> <b>Activity: Motivational Interviewing Fundamentals</b>
3:30 PM		Break
3:45 PM	<b>MODULE 6</b>	<b>Principles of Evidence-based, Patient-centered, Behavior Change Treatment Strategies</b> <b>Activity: Small Group (4-5) Role Play with Actors - Motivational Interviewing</b>
4:45 PM		<b>Submit Program Evaluations for the Day</b>
5:00 PM		Adjourn



# MSK TTS Training Program

## LIVE VIRTUAL SCHEDULE

### DAY 3 • Thursday, November 12

7:45 AM		Review Test Questions
8:00 AM	<b>MODULE 6</b>	<b>Principles of Evidence-based, Patient-centered, Behavior Change Treatment Strategies</b> <i>Lecture: Fundamentals of Cognitive Behavioral Therapy</i>
8:45 AM	<b>MODULE 7</b>	<b>Pharmacotherapy for Tobacco Use and Advanced Pharmacologic Treatment Planning</b> <i>Lecture: Fundamentals of Pharmacotherapy</i>
9:30 AM		Break
9:45 AM	<b>MODULE 6</b>	<b>Principles of Evidence-based, Patient-centered, Behavior Change Treatment Strategies</b> <i>Activity: Small Group (4-5) Role Play with Actors – Trigger-Craving-Response</i>
11:15 AM	<b>MODULE 7</b>	<b>Pharmacotherapy for Tobacco use and Advanced Pharmacologic Treatment Planning</b> <i>Lecture: Advanced Pharmacotherapy</i>
12:15 PM		Lunch Break
1:00 PM	<b>MODULE 7</b>	<i>Activity: Small Group (4-5) Role Play with Actors – Pharmacotherapy</i>
2:30 PM		Break
2:45 PM	<b>MODULE 8</b>	<b>Treatment Processes</b> <i>Lecture: Group Tobacco Treatment</i>
3:30 PM	<b>MODULE 8</b>	<b>Treatment Processes</b> <i>Activity: Mock Group Counseling, Visit 1</i>
4:30 PM		<b>Submit Program Evaluations for the Day</b>
4:45 PM		Adjourn

### DAY 4 • Friday, November 13

7:45 AM		Review Test Questions
8:00 AM	<b>MODULE 8</b>	<b>Treatment Processes</b> <i>Lecture: Treating Priority Populations</i>
9:15 AM	<b>MODULE 6</b>	<b>Principles of Evidence-based, Patient-centered, Behavior Change Treatment Strategies</b> <i>Lecture: Relapse Prevention and Recovery</i>
10:00 AM		Break
10:15 AM	<b>MODULE 8</b>	<b>Treatment Processes</b> <i>Lecture: Collaborative Goal Setting During Treatment</i>
10:40 AM	<b>MODULE 8</b>	<b>Treatment Processes</b> <i>Lecture: Mock Group Counseling, Visit 2</i>
11:40 AM		Lunch Break
12:30 PM	<b>MODULE 9</b>	<b>Documentation, Coding, Billing, Health Insurance, and Program Evaluation</b> <i>Lecture: Documentation, Program Evaluation and Implementation, and Wellness Programs</i>
1:30 PM	<b>MODULE 9</b>	<b>Documentation, Coding, Billing, Health Insurance, and Program Evaluation</b> <i>Learning Activity: Program Implementation and Evaluating a Health Care Delivery Systems Level Tobacco Treatment Intervention</i>
2:15 PM	<b>MODULE 9</b>	<b>Documentation, Coding, Billing, Health Insurance, and Program Evaluation</b> <i>Lecture: Coding and Billing</i>
3:00 PM		Break
3:15 PM	<b>MODULE 1</b> <b>MODULE 10</b>	<b>Tobacco Treatment Specialists: Roles, Responsibilities, Professional Development, and Credentialing</b> <b>Law and Ethics</b> <i>Lecture: Professional Development, Law, and Ethics</i>
3:45 PM	<b>MODULE 1</b> <b>MODULE 10</b>	<b>Tobacco Treatment Specialists: Roles, Responsibilities, Professional Development, and Credentialing</b> <b>Law and Ethics</b> <i>Lecture: National Tobacco Treatment Credentialing</i>
4:15 PM		<b>Closing Remarks</b>
4:30 PM		<b>Submit Program Evaluations for the Day</b>
4:45 PM		Adjourn

