Geriatric Oncology: Cognition and Communication

Complimentary Course Focused On Communication-Based Concerns and Barriers When Interacting With the Older Cancer Patient

Memorial Sloan Kettering Cancer Center
Overview

This complimentary virtual course will focus on communication-based concerns and barriers when interacting with the older cancer patient (including caregivers and family members), evaluation of decision making capacity, as well as how to work with an interpreter for patients who suffer both from dementia and experience a language barrier. The program will include high-level discussions surrounding chemotherapy-related cognitive impairment, distress/anxiety and its affects on cognition, delirium, dementia, and depression.

The Geriatric Communication Skills Training Workshop on day two is comprised of a specific experiential learning methodology that will immerse participants in practicing newly taught skills in a simulated relevant clinical environment.

EDUCATIONAL OBJECTIVES

- Provide an overview on dementia, delirium, depression: its detection and care
- Discuss the role of distress and anxiety on quality of life of older cancer patients
- Define decision-making capacity and explain its legal implications
- Appreciate decision-making challenges and learn to assess in older adults with cancer and cognitive syndromes
- Recognize ageism and appreciate how it interferes with the medical care of older adults with cancer
- Become familiar with the Comprehensive Geriatric Assessment in the evaluation of elderly cancer patients with cognitive decline
- Understand the principles of shared decision making
- Observe and practice skills for successful facilitation shared decision-making with an older adult with cancer and their caregiver
WHO SHOULD ATTEND

The target audience for this program includes physicians, social workers, nurses, physical therapists, and any other healthcare professionals who work with or have an interest in working with older adult cancer patients. **Registration is complimentary for accepted applicants.**

LOCATION

Memorial Sloan Kettering Cancer Center
633 3rd Avenue
New York, NY 10017

TRAVEL STIPEND

**Participants Traveling From Outside the Tri-State Area (NY, NJ, CT):**
A $1700 stipend will be offered offset travel costs (hotel, air/train, ground transportation).

**Participants Traveling Within the Tri-State Area (NY, NJ, CT):**
Participants who live locally in the tri-state area and do not require a hotel stay will be reimbursed for their travel expenses (gas, parking, tolls etc.) for up to $300.

All other expenses are the responsibility of the participant.

POST-TRAINING

Post-training, participants will be given access to an [interactive web portal](#) for program content resources, a community message board and will be asked to complete follow-up evaluations for research purposes.

In the year following the training, course participants will be expected to attend **6 bi-monthly videoconferences** to learn additional geriatric oncology content, receive coaching on the use of the newly acquired skills, and help with problem-solving around the transfer of these skills to the participants’ own healthcare settings.
**MSK COURSE DIRECTORS**

**BEATRIZ KORC-GRODZICKI, MD, PHD**  
Chief, Geriatrics Service  
Department of Medicine  
Memorial Sloan Kettering Cancer Center  
Clinical Professor, Medicine  
Weill Cornell Medical College

**PATRICIA A. PARKER, PHD**  
Member and Attending Psychologist  
Director, Communication Skills Training and Research Program (Comskil)*  
Memorial Sloan Kettering Cancer Center

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**MSK COURSE FACULTY**

**KOSHY ALEXANDER, MD**  
Assistant Attending, Geriatrician  
Department of Medicine

**YESNE ALICI, MD**  
Clinical Director, Associate Attending Psychiatrist  
Medical Director, Biobehavioral Brain Health Clinic  
Department of Psychiatry & Behavioral Sciences

**SMITA BANERJEE, PHD**  
Associate Attending Behavioral Scientist  
Member, Comskil Laboratory  
Department of Psychiatry & Behavioral Sciences

**NESSA COYLE, NP, PHD, FAAN**  
Consultant, Advanced Practice Nurse

**JAVIER GONZÁLEZ, MFA**  
Director, Linguistic and Cultural Responsiveness Service

**ALEXA KUNDLA, OTR**  
Senior Occupational Therapist

**YUELIN LI, PHD**  
Behavioral Statistician

**RUTH MANNA, MPH**  
Associate Director  
Patient Experience Partnerships

**CHRISTIAN J. NELSON, PHD**  
Chief, Psychiatry Service  
Associate Attending Psychologist  
Department of Psychiatry & Behavioral Sciences

**ANDY ROTH, MD**  
Attending Psychiatrist  
Department of Psychiatry & Behavioral Sciences

**JESSICA STALEY**  
Manager, Comskil Program  
Department of Psychiatry & Behavioral Sciences

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*Since 2005, MSK’s innovative Communication Skills Training Program and Research Laboratory (Comskil) has been teaching surgeons, oncologists, nurses, and others at MSK and other institutions how to communicate with people who have cancer and their families in a productive and sensitive manner. As the nation’s first formally structured communications initiative at a comprehensive cancer center, the program aims to find the most effective and lasting approaches for guiding clinicians at all career stages in serving people with cancer.
ACCREditATION
Memorial Sloan Kettering Cancer Center is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

AMA CREDIT DESIGNATION STATEMENT
Memorial Sloan Kettering Cancer Center designates this live activity for a maximum of **14.50 AMA PRA Category 1 Credits™**. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

ABIM MOC RECOGNITION STATEMENT
Successful completion of this CME activity, which includes participation in the evaluation component, enables the participant to earn up to **14.50 Medical Knowledge and Practice Assessment MOC points and patient safety MOC credit** in the American Board of Internal Medicine’s (ABIM) Maintenance of Certification (MOC) program. It is the CME activity provider’s responsibility to submit participant completion information to ACCME for the purpose of granting ABIM MOC credit.

SOCIAL WORK ACCREDITATION STATEMENT*
This presentation is approved for a maximum of **14.50 Continuing Education Contact Hours** of Live In-Person Training. Memorial Sloan-Kettering Cancer Center is recognized by the New York State Education Department’s State Board for Social Work as an approved provider of continuing education for licensed social workers #SW-0228.

CONTINUING EDUCATION FOR LICENSED PSYCHOLOGISTS IN NEW YORK STATE*
This event offers **14.50 NYS Psychology Contact Hours**.

Memorial Sloan Kettering Cancer Center is recognized by the New York State Education Department State Board for Psychology as an approved provider of continuing education for licensed psychologists #PSY-0166

ANCC CNE STATEMENT**
Memorial Sloan Kettering Cancer Center - Nursing Professional Development/Continuing Education is accredited with distinction as a provider of continuing nursing education by the American Nurses Credentialing Center’s Commission on Accreditation.

Contact hours will be awarded to participants who attend the program in its entirety and complete a program evaluation. Partial credit not awarded.

*Please check with the licensing board in your state for guidance on their acceptance of the credit types offered for this course as designated in the accreditation statement above prior to registering.

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# Schedule

## DAY 1

<table>
<thead>
<tr>
<th>Time</th>
<th>Session</th>
</tr>
</thead>
<tbody>
<tr>
<td>8:30 AM</td>
<td>Course Check-in</td>
</tr>
<tr>
<td>8:45 AM</td>
<td><strong>Welcome and Review of the Day</strong></td>
</tr>
<tr>
<td></td>
<td>Faith Fasakin, BSc</td>
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<tr>
<td>9:00 AM</td>
<td><strong>Welcome and Introduction</strong></td>
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<tr>
<td></td>
<td>Patricia Parker, PhD</td>
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<tr>
<td>9:15 AM</td>
<td><strong>Cancer in the Aging: The Field of Geriatric Oncology</strong></td>
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<tr>
<td></td>
<td>Beatriz Korc-Grodzicki, MD, PhD</td>
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<tr>
<td>9:45 AM</td>
<td><strong>Identifying and Measuring Depression in Older Cancer Patients</strong></td>
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<tr>
<td></td>
<td>Christian Nelson, PhD</td>
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<tr>
<td>10:15 AM</td>
<td><strong>Q&amp;A</strong></td>
</tr>
<tr>
<td>10:30 AM</td>
<td><strong>Break</strong></td>
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<tr>
<td>10:45 AM</td>
<td><strong>Delirium in the Older Cancer Patient</strong></td>
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<tr>
<td></td>
<td>Beatriz Korc-Grodzicki, MD, PhD</td>
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<tr>
<td>11:15 AM</td>
<td><strong>Dementia and Cancer Related Cognitive Impairment in Older Adults with Cancer</strong></td>
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<tr>
<td></td>
<td>Yesne Alici, MD</td>
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<tr>
<td>12:00 PM</td>
<td><strong>Q&amp;A</strong></td>
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<tr>
<td>12:15 PM</td>
<td><strong>Lunch Break</strong></td>
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<tr>
<td>1:00 PM</td>
<td><strong>Cognitive Rehabilitation for Older Adults</strong></td>
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<td></td>
<td>Alexa Kundla, OTR</td>
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<tr>
<td>1:30 PM</td>
<td><strong>Decision Making Capacity: Expert Panel</strong></td>
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<tr>
<td></td>
<td>Beatriz Korc-Grodzicki, MD, PhD</td>
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<td></td>
<td>Nessa Coyle, NP, PhD</td>
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<tr>
<td>2:30 PM</td>
<td><strong>Psychopharmacology for Older Cancer Patients</strong></td>
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<tr>
<td></td>
<td>Andy Roth, MD</td>
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<tr>
<td>3:15 PM</td>
<td><strong>Break</strong></td>
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<tr>
<td>3:30 PM</td>
<td><strong>Addressing the Language Barrier in Healthcare</strong></td>
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<tr>
<td></td>
<td>Javier González, MFA</td>
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<tr>
<td>4:15 PM</td>
<td><strong>Responsible Conduct of Research Training and Wrap-up</strong></td>
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<tr>
<td></td>
<td>Patricia Parker, PhD</td>
</tr>
<tr>
<td></td>
<td>Faith Fasakin, BSc</td>
</tr>
<tr>
<td>5:00 PM</td>
<td><strong>Adjourn</strong></td>
</tr>
</tbody>
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[mskcc.org/aging](http://mskcc.org/aging)
Geriatric Communication Skills Training Workshop

### DAY 2

<table>
<thead>
<tr>
<th>Time</th>
<th>Activity</th>
</tr>
</thead>
<tbody>
<tr>
<td>8:00 AM</td>
<td>Course Check-in</td>
</tr>
</tbody>
</table>
| 8:15 AM | **Welcome and Review of the Day**  
Faith Fasakin, BSc  
**Introductory Lecture to Comskil Conceptual Model and Communication Skills training (CST)**  
Patricia Parker, PhD |

**Geriatrics 101**

<table>
<thead>
<tr>
<th>Time</th>
<th>Activity</th>
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</table>
| 8:45 AM | **CST Module**  
Beatriz Korc-Grodzicki, MD, PhD |
| 9:15 AM | **Large Group Discussion/Role Play: Eliciting Barriers in Working with Older Adults**  
Beatriz Korc-Grodzicki, MD, PhD  
Smita Banerjee, PhD |
| 10:15 AM | Break                                                                                                                                   |

**Cognitive Syndromes**

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<tr>
<th>Time</th>
<th>Activity</th>
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</thead>
</table>
| 10:30 AM | **CST Module**  
Yesne Alici, MD |
| 11:00 AM | **Experiential Small Group Role Play**                                                                                                      |
| 12:30 PM | Lunch Break                                                                                                                              |

**Shared Decision Making in Cancer Care with the Older Adult and Caregiver (SDM)**

<table>
<thead>
<tr>
<th>Time</th>
<th>Activity</th>
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</table>
| 1:15 PM | **CST Module**  
Smita Banerjee, PhD |
| 1:45 PM | **Experiential Small Group Role Play**                                                                                                      |
| 3:15 PM | Break                                                                                                                                   |
| 3:30 PM | **Group Think Tank: Common Barriers to Communication Strategies Q&A Developing Strategies Relevant to Own Clinic Environment**  
Patricia Parker, PhD  
Beatriz Korc-Grodzicki, MD, PhD |
| 4:00 PM | **Standardized Patient Assessments, Knowledge Assessment, What Happens Next?**  
Faith Fasakin, BSc |
| 5:00 PM | Adjourn                                                                                                                                   |

[mskcc.org/aging](mskcc.org/aging)
Registration is **Complimentary for Accepted Applicants**

Visit the website below to complete the registration application. You will be notified of your acceptance in the course.

**mskcc.org/aging**

This two-day training is held a few times a year for any healthcare professional who works with or has an interest in working with older cancer patients. **Participants will be competitively selected by an application process and registration is complimentary for those accepted.**

Once your application is reviewed and accepted, Faith Fasakin (**FasakinF@mskcc.org**), Clinical Research Coordinator, will reach out with further instructions regarding the workshop.