

Memorial Sloan Kettering Cancer Center
is pleased to present

Psychopharmacology in Cancer Care:


*An Update for Clinicians
of all Disciplines*

SATURDAY,
MARCH 3, 2018

Rockefeller Research Laboratories
430 East 67th Street
New York, NY 10065



Memorial Sloan Kettering
Cancer Center



FATIGUE
STRESS
ANXIETY
WORRY FEAR
PAIN
DELIRIUM PTSD
CACHEXIA
DEPRESSION

Co-sponsored by the MSK
Psycho-Oncology Education & Training Institute (POETI)



Course Overview

Clinicians have numerous tools at their disposal to help adult cancer patients dealing with symptoms of depression, anxiety, and other cancer sequelae. Psychiatric medications are most frequently prescribed to cancer patients by oncologists and general practitioners, however psychiatric syndromes are often underdiagnosed and undertreated. Few oncology practices have dedicated psychiatric consultants familiar with the nuances of Psycho-Oncology. Even when patients receive psychotropic medications appropriately, they may have problems that arise before their next oncology visit or before they see the person who prescribed their psychiatric medications. Psychologists, nurses and social workers play an essential role in identifying psychological and physical symptoms as well as both beneficial and problematic medication effects as they provide frontline psychosocial interventions and support for cancer patients.

This course is designed for the non-prescribing psycho-oncology clinician as well as the psychiatrist who is new to the world of Psycho-pharmaco-oncology. Oncologists, palliative care clinicians, advanced practice nurses and oncology nurses will find this course useful as well. The course will focus on key target disorders and symptoms amenable to psychopharmacological intervention, including anxiety, depression, delirium, insomnia, pain, fatigue and cachexia. Participants will learn to identify psychological reactions to medical conditions or treatments; psychiatric presentations of medical conditions or treatments; medical presentations of psychiatric conditions and common medical complications of psychiatric conditions or treatments.

For more information or to register:

www.mskcc.org/psychopharm

Basic information will be presented about medications used to alleviate Quality of Life symptoms that arise in the cancer setting from diagnosis to survivorship or end of life care, and the interface of psychotherapy and medication management.

We will review why certain medications are used and why some are avoided, looking at potential benefits, unwanted side effects, and drug-drug interactions, since you may be the first person to identify a serious adverse event. The course will also enhance your ability to provide psychoeducation to patients regarding psychiatric medications.

Learning Objectives

Participants will learn basic psycho-pharmaco-oncology and how to hone essential clinical and observation skills to improve the quality of life, mental health and safety of their patients by understanding the basics of the psychophysiology of cancer.

Target Audience

The target audience includes Psychiatrists, Psycho-oncologists, Oncologists, Palliative Care Physicians, Physician Assistants, Nurse Practitioners, Nurses, Psychologists, Social Workers and Counselors.

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DEPRESSION
AFFECTS
UP TO **25%**
OF CANCER PATIENTS

3% OF CANCER
PATIENTS ARE
PRESCRIBED ANTIDEPRESSANTS



MSK Faculty



William Breitbart, MD

Attending Psychiatrist, Chair,
Department of Psychiatry & Behavioral Sciences;
Attending Psychiatrist, Supportive Care Service,
Division of Survivorship & Supportive Care,
Department of Medicine



Andrew Roth, MD

Attending Psychiatrist, Psychiatry Service;
Training Program Director,
Psychosomatic Medicine Fellowship,
Department of Psychiatry & Behavioral Sciences



Penelope Damaskos, PhD, LCSW, OSW-C

Director, Social Work
Department of Social Work



Yesne Alici, MD

Clinical Director, Assistant Attending Psychiatrist, Psychiatry Service;
Medical Director, Biobehavioral Brain Health Clinic;
Assistant Training Program Director,
Psychosomatic Medicine Fellowship;
Site Director, MSK Psychiatry Clerkship for Medical Students,
Department of Psychiatry & Behavioral Sciences

Special Guest



Nessa Coyle, PhD, RN, FAAN

Consultant, Palliative Care and Clinical Ethics

Course Agenda

8:00–8:30 AM

REGISTRATION & BREAKFAST

8:30–8:45 AM

Overview & Introduction

Andrew Roth, MD

8:45–9:15 AM

A Non-Prescriber's Perspective on the Importance of Psychopharmacology in the Cancer Setting

Penelope Damaskos, PhD, LCSW, OSW-C

9:15–10:00 AM

Insomnia

Yesne Alici, MD

10:00–10:15 AM

COFFEE BREAK

10:15–11:00 AM

Depression

Andrew Roth, MD

11:00–11:45 AM

Delirium

William Breitbart, MD

11:45–12:45 PM

LUNCH

12:45–1:30 PM

Anxiety Disorders

Andrew Roth, MD

1:30–2:15 PM

Fatigue

William Breitbart, MD

2:15–2:30 PM

COFFEE BREAK

2:30–3:00 PM

Pain

Nessa Coyle, PhD, RN, FAAN

3:00–3:30 PM

Cachexia

Yesne Alici, MD

3:30–4:00 PM

Chemobrain

Yesne Alici, MD

4:00–4:30 PM

Case Presentation

Cases will be Discussed by the Faculty

4:30 PM

ADJOURN

Psychopharmacology in Cancer Care: An Update for Clinicians of all Disciplines

Saturday, March 3, 2018



Registration

	EARLY*	GENERAL
Physicians (MD, PhD & DO)	\$200	\$250
Residents, Fellows, NPs, PAs, RNs, Psychologists, Social Workers & Counselors	\$100	\$150
Industry Professionals**	\$375	\$425

*Early Registration Ends February 1, 2018

**Industry professionals may attend CME activities for their own education. Marketing, sales, and promotion of products and services is strictly prohibited at MSK CME activities.

Register online:

www.mskcc.org/psychopharm

Registration includes continental breakfast, lunch, and refreshment breaks. Please contact cme@mskcc.org at least one week prior to the course if you have any special dietary needs.

- 30% discounted rate for MSK Alumni and MSK Alliance members to attend a CME course. Please contact cme@mskcc.org for a promotion code or more information.
- MSK Staff Registration is complimentary. However, you must register online by visiting: www.mskcc.org/psychopharm

ACCREDITATION STATEMENT

MSK is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.



AMA CREDIT DESIGNATION STATEMENT

MSK designates this live activity for a maximum of **6.50 AMA PRA Category 1 Credit(s)**[™]. Physicians should only claim credit commensurate with the extent of their participation in the activity.

SOCIAL WORK ACCREDITATION STATEMENT

This presentation is approved for a maximum of 6.50 Continuing Education Contact Hours of Live Training. Memorial Sloan Kettering Cancer Center SW CPE is recognized by the New York State Education Department's State Board for Social Work as an approved provider of continuing education for licensed social workers #0228.

ANCC CNE STATEMENT

Memorial Sloan Kettering Cancer Center - Nursing Professional Development/Continuing Education is accredited with distinction as a provider of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation.

6.50 contact hours will be awarded to participants who attend the program in its entirety and complete a program evaluation. Partial credit not awarded.



FACULTY DISCLOSURE

It is the policy of MSK to make every effort to insure balance, independence, objectivity, and scientific rigor in all continuing medical education activities which it provides as an ACCME accredited provider. In accordance with ACCME guidelines and standards, all faculty participating in an activity provided by MSK are expected to disclose any significant financial interest or other relationship with the manufacturer(s) of any commercial product(s) and/or provider(s) of commercial services which are discussed by the faculty members in an educational presentation. As required by the ACCME, when an unlabeled use of a commercial product or an investigational use not yet approved for any purpose is discussed during an educational activity, MSK requires the speaker to disclose that the product is not labeled for the use under discussion or that the product is still investigational.

CONFERENCE LOCATION

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New York, NY 10065

ACCOMMODATIONS

MSK has negotiated special rates and amenities at select hotels in Manhattan. For information on hotels in the area of MSK with discounted rates, please visit: www.mskcc.org/cme.

CONTACT

For more information, including all upcoming MSK CME courses, visit our website at www.mskcc.org/cme. To contact us directly, email cme@mskcc.org.