



Memorial Sloan Kettering  
Cancer Center

# 4-Day Tobacco Treatment Specialist Training Workshop



**“It was a great learning experience. The breakthrough sessions/role play were a good opportunity to get hands on experience as well as network.”**

— Deepa D., NYC Health + Hospitals (Queens Hospital)

**“The role play was instrumental to driving home the concepts of motivational interviewing. They were important and enjoyable.”**

— Andria R., Columbia University Irving Medical Center

**“The actors are great and a tremendous help with learning how to interview patients.”**

— Kimberly G., North Mississippi Health Services

# Overview

**Tobacco Treatment Specialists (TTS's)** are health care professionals who possess the skills, knowledge, and training to provide effective, evidence-based interventions for tobacco dependence across a range of treatment intensities, in varying contexts, treatment modalities, and with different tobacco using populations.

The Memorial Sloan Kettering Cancer Center (MSK) 4-day, virtual **Tobacco Treatment Specialist Training Workshop** is designed to train multidisciplinary clinicians who work in various healthcare and community settings including primary care, behavioral health, addictions and rehabilitation settings, public housing, oncology settings, specialty medical care such as (e.g. pulmonary medicine, cardiology, oncology), and worksite wellness settings.

## CURRICULUM

- TTS Professional Development
- Comprehensive Approaches to Tobacco Control
- Tobacco Products
- Biopsychosocial Model
- Clinical Assessments
- Behavior Change Treatment Strategies
- Pharmacotherapy
- Evidence-Based Treatment Processes, CBT, MI
- Group Counseling
- Documentation, Coding, Billing, Health Insurance, and Program Evaluation
- Law and Ethics
- Live Role Plays with Professional NYC Actors

# Schedule

## DAY 1

8:30 AM	Check-in/Registration
9:00 AM	<b>Welcome and Introductions</b>
9:45 AM	<b>Tobacco Treatment Specialists: Roles, Responsibilities, Ethics and Credentialing</b>
10:15 AM	<b>Comprehensive Tobacco Control Programs</b>
10:45 AM	<b>Evidence-Based Tobacco Dependence Treatment Approaches</b>
11:15 AM	Break
11:30 AM	<b>Health Care Delivery Systems Approaches</b>
12:00 PM	<b>Tobacco Products:</b> <ul style="list-style-type: none"><li>• <b>Design, Packaging, Marketing, and Addiction Liability</b></li><li>• <b>Hookah, Smokeless Tobacco, Gutka, and Paan</b></li></ul>
1:00 PM	Lunch Break <b>FILM</b> <b>The Evolving Cigarette</b> (20 MIN; optional)
2:00 PM	<b>Health Consequences of Tobacco Use: Causal Influences on Diseases</b>
2:45 PM	<b>Product Design, Electronic Delivery Systems/ Vaporizers</b>
3:45 PM	Break
4:00 PM	<b>Tobacco Use Prevalence Rates</b>
4:45 PM	<b>LEARNING ACTIVITY</b> <b>Family Feud Tobacco Trivia, Part I</b>
5:30 PM	<b>Submit Program Evaluations for the Day</b>
5:45 PM	Adjournment

## DAY 2

8:45 AM	Check-in/Registration
9:00 AM	<b>Tobacco-Related Disparities</b>
9:45 AM	<b>A Biopsychosocial Approach to Understanding and Treating Tobacco Use</b>
10:45 AM	<b>LEARNING ACTIVITY</b> <b>Family Feud Tobacco Trivia, Part II</b>
11:15 AM	Break
11:30 AM	<b>The Fundamentals of Assessment: Essential Characteristics and Other Important Factors</b>
12:45 PM	Lunch Break
1:45 PM	<b>Introduction to Role Play Activity</b>
2:00 PM	<b>LEARNING ACTIVITY</b> <b>Small Group Role Play: Intake Assessment</b>
3:15 PM	<b>Motivational Interviewing Fundamentals</b>
4:15 PM	Break
4:30 PM	<b>LEARNING ACTIVITY</b> <b>Small Group Role Play: Motivational Interviewing</b>
5:45 PM	<b>Submit Program Evaluations for the Day</b>
6:00 PM	Adjournment

## DAY 3

8:30 AM	Check-in/Registration
8:40 AM	<b>Quiz #1 and Review</b>
9:05 AM	<b>Fundamentals of Cognitive Behavioral Therapy</b>
10:00 AM	<b>LEARNING ACTIVITY</b> <b>Small Group Role Play: Trigger-Craving-Response</b>
11:15 AM	Break
11:30 AM	<b>Fundamentals of Pharmacotherapy</b>
1:00 PM	Lunch Break
2:00 PM	<b>Advanced Pharmacotherapy</b>
3:00 PM	<b>LEARNING ACTIVITY</b> <b>Small Group Role Play: Pharmacotherapy</b>
4:15 PM	Break
4:30 PM	<b>Treating Priority Populations</b>
5:45 PM	<b>Submit Program Evaluations for the Day</b>
6:00 PM	Adjournment

## DAY 4

8:30 AM	Check-in/Registration
8:45 AM	<b>Quiz #2 and Review</b>
9:15 AM	<b>Therapeutic, Collaborative Goal Setting During Treatment</b>
10:00 AM	<b>Relapse Prevention and Recovery</b>
10:45 AM	<b>Group Tobacco Treatment</b>
11:30 AM	Break
11:45 AM	<b>LEARNING ACTIVITY</b> <b>Mock Group Counseling, Visit 1</b>
12:45 PM	Lunch Break
1:45 PM	<b>Documentation, Program Evaluation, and Implementation</b>
2:15 AM	<b>Coding and Billing</b>
3:00 PM	Break
3:15 PM	<b>LEARNING ACTIVITY</b> <b>“Next Steps” Discussion:</b> <b>Program Implementation of Tobacco Treatment Services in Your Healthcare System</b>
4:00 PM	<b>Professional Development, Law, and Ethics</b>
4:30 PM	<b>National Tobacco Treatment Credentialing</b>
5:00 PM	<b>Closing Remarks and Submit Program Evaluations for the Day</b>
5:15 PM	Adjournment

## ACCREDITATION

Memorial Sloan Kettering Cancer Center is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

## AMA CREDIT DESIGNATION STATEMENT

Memorial Sloan Kettering Cancer Center designates this live activity for a maximum of **29.50 AMA PRA Category 1 Credits™**. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

## SOCIAL WORK ACCREDITATION STATEMENT\*

Teleconference: This presentation is approved for a maximum of **29.50 Continuing Education Contact Hours of Live Virtual Training**.

Memorial Sloan Kettering Cancer Center is recognized by the New York State Education Department's State Board for Social Work as an approved provider of continuing education for licensed social workers #SW-0228.

## CONTINUING EDUCATION FOR LICENSED PSYCHOLOGISTS IN NEW YORK STATE\*

This event offers **29.50 NYS Psychology Contact Hours**.

Memorial Sloan Kettering Cancer Center is recognized by the New York State Education Department State Board for Psychology as an approved provider of continuing education for licensed psychologists #PSY-0166

## ANCC CNE STATEMENT

Memorial Sloan Kettering Cancer Center—Nursing Professional Development / Continuing Education is accredited with distinction as a provider of nursing continuing professional development (NCPD) by the American Nurses Credentialing Center's Commission on Accreditation.

**29.50 contact hours** will be awarded to participants who attend the program in its entirety and complete a program evaluation. Partial credit not awarded.

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**Upon completion, participants will receive a training certificate, which makes them eligible for the National Certificate in Tobacco Treatment Practice (NCTTP).** For additional details about the program and a complete agenda, please email Noshin Haque (haquen1@mskcc.org).

This Program is Accredited by the Council for Tobacco Treatment Training Programs (CTTTP).



This training is approved for **24.00 OASAS education and training clock hours** which satisfy CASAC/ CPP/ CPS education requirements.

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\*Not all states accept NYS CEUs for Social Work or Psychology. Please check with the licensing board in your state for guidance on their acceptance of the credit types offered for this course



REGISTER ONLINE:  
**[msk.org/TTScourse](https://msk.org/TTScourse)**

## REGISTRATION

**Registration Fee: \$1,100**

A registration discount is available for MSK Alumni and MSK Cancer Alliance members to attend a CME course at MSK. Please visit the course website for more information.

## CANCELLATION POLICY

If you wish to cancel your participation in this course, you must email **[cme@mskcc.org](mailto:cme@mskcc.org)** at least seven (7) days prior to the start of the course, and your refund will be subject to a \$25 administrative fee if attending virtually or a \$100 administrative fee if attending in-person. Cancellations or no-shows within seven (7) days of the course are not eligible for a refund. Please note that if it has been more than 120 days since payment was processed, a W9 form must be submitted in order process your refund and your refund will be issued in the form of a check payment. Refunds are not subject to tax. You may substitute another registrant in your place at any time by contacting **[cme@mskcc.org](mailto:cme@mskcc.org)** with the appropriate information.

MSK CME reserves the right to cancel or postpone any course due to unforeseen circumstances. In the unlikely event we must cancel or postpone this course, you will be notified via email from MSK CME (**[cme@mskcc.org](mailto:cme@mskcc.org)**). A full refund will be issued for your registration. MSK CME is not responsible for any related costs, charges, or expenses to participants, including fees incurred by airline/travel/lodging agencies.



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