

Memorial Sloan Kettering Cancer Center is pleased to present:

PERSONALIZED PSYCHO-ONCOLOGY

A CASE-BASED APPROACH

Saturday, October 12, 2019

Rockefeller Research Laboratories
430 East 67th Street
New York, NY 10065



Memorial Sloan Kettering
Cancer Center

POETI | Psycho-Oncology
Education & Training Institute

OVERVIEW

This course is designed for oncology clinicians, including oncologists, nurses, advanced practice professionals, social workers, psychiatrists, and psychologists, who treat cancer patients with psychological and psychiatric distress. **This CME course will help clinicians acquire clinical-relevant, cutting-edge knowledge in psycho-oncology using clinical scenarios in an interactive format.**

The course will focus on key issues in psycho-oncology such as substance use disorders, delirium, symptom management in different cancer types, couples therapy, caregiver interventions, bereavement counseling, and care of the older patient with cancer. **Incorporation of a case-based format and the use of interactive questions and answers to guide focused commentary and presentations by panel members will advance learning.** The case scenarios chosen for presentation will highlight the challenges encountered by busy clinicians when faced with distressed patients and/or caregivers.

Target Audience

The target audience includes Psychiatrists, Psycho-oncologists, Oncologists, Palliative Care Physicians, Physician Assistants, Nurse Practitioners, Nurses, Psychologists, Social Workers and Counselors.

Learning Objective

- Participants will improve their knowledge and competence on a wide variety of psycho-oncology topics including substance use disorders, delirium, symptom management in different cancer types, couples therapy, caregiver interventions, bereavement counseling, and care of the older patient with cancer.

Live Simulcast Available

We are pleased to offer non-MSK Employees a live simulcast for the Personalized Psycho-Oncology course, available for attendees unable to attend this course in person. CME credit will be offered for the live simulcast and active participation is encouraged throughout.

Visit mskcc.org/PersonalizedOncology for more information.

COURSE FACULTY



Yesne Alici, MD
Clinical Director,
Psychiatry Service
Associate Attending Psychiatrist
Department of Psychiatry &
Behavioral Sciences



Wendy Lichtenthal, PhD
Assistant Attending Psychologist,
Psychiatry Service
Director, Bereavement Clinic
Department of Psychiatry &
Behavioral Sciences



Allison Applebaum, PhD
Assistant Attending Psychologist,
Psychiatry Service
Director, Caregivers Clinic
Department of Psychiatry
& Behavioral Sciences



Christian Nelson, PhD
Chief, Psychiatry Service
Associate Attending Psychologist,
Psychiatry Service
Department of Psychiatry
& Behavioral Sciences



William Breitbart, MD
Attending Psychiatrist, Chair
Department of Psychiatry &
Behavioral Sciences
Attending Psychiatrist,
Supportive Care Service,
Department of Medicine



Xiomara Rocha-Cadman, MD
Assistant Attending Psychiatrist,
Psychiatry Service
Training Program Director,
Psychosomatic Medicine Fellowship
Department of Psychiatry &
Behavioral Sciences



Jeanne Carter, PhD
Attending Psychologist,
Gynecology Service,
Department of Surgery
Department of Psychiatry &
Behavioral Sciences



Andrew Roth, MD
Attending Psychiatrist, Psychiatry Service
Department of Psychiatry &
Behavioral Sciences



Andrew Edelstein, MD
Instructor, Psychiatry Service
Department of Psychiatry &
Behavioral Sciences



Mehak Sharma, MD
Instructor, Psychiatry Service
Department of Psychiatry &
Behavioral Sciences



Monique James, MD
Instructor, Psychiatry Service
Department of Psychiatry &
Behavioral Sciences



Kelly Trevino, PhD
Assistant Attending Psychologist,
Psychiatry Service
Department of Psychiatry &
Behavioral Sciences



Talia Zaider, PhD
Assistant Attending Psychologist,
Psychiatry Service
Director, Family Therapy Clinic
Department of Psychiatry &
Behavioral Sciences

Co-sponsored by the MSK

Psycho-Oncology Education & Training Institute (POETI)

COURSE SCHEDULE

Saturday, October 12, 2019
Rockefeller Research Laboratories

8:00 AM	Registration and Breakfast
8:30 AM	Overview & Introduction Yesne Alici, MD
8:45 AM	Substance Use Disorders in Cancer Patients MODERATOR: Yesne Alici, MD CASE PRESENTATION: <i>45-year-old man with AML and opioid dependence undergoing ASCT</i> Psychosocial Assessment for Bone Marrow Transplantation Xiomara Rocha-Cadman, MD Management of Opioid Dependence in Cancer Patients Andrew Edelstein, MD “Patient is asking to leave against medical advice”: Assessment of Decision Making Capacity Monique James, MD
9:45 AM	Psychosocial Care of Breast Cancer Patients MODERATOR: Yesne Alici, MD CASE PRESENTATION: <i>40-year-old woman with breast cancer presenting with depression, hot flashes, and sexual dysfunction</i> Symptom Management for Breast Cancer Patients Monique James, MD Psychotherapy Interventions for Women with Breast Cancer Wendy Lichtenthal, PhD Assessment and Management of Sexual Dysfunction in Women with Breast Cancer Jeanne Carter, PhD
10:45 AM	Break
11:00 AM	Psychosocial Care of Brain Tumor Patients MODERATOR: William Breitbart, MD CASE PRESENTATION: <i>39-year-old man with GBM and a young family</i> Agitation, Apathy, Fatigue, and Beyond: Symptom Management in Brain Tumor Patients Yesne Alici, MD Managing Caregiver Distress Allison Applebaum, PhD Supporting the Bereaved Wendy Lichtenthal, PhD
12:00 PM	Lunch

COURSE SCHEDULE

1:00 PM

Prostate Cancer: Psychosocial Distress from Diagnosis to Survivorship

MODERATOR: William Breitbart, MD

CASE PRESENTATION: *75-year-old man with prostate cancer presenting with fatigue, sexual dysfunction, and cognitive decline.*

Symptom Management in Prostate Cancer Patients

Andrew Roth, MD

Cognitive Impairment in Patients with Prostate Cancer

Christian Nelson, PhD

Couples Therapy

Talia Zaider, PhD

2:00 PM

Psychosocial Care of Older Adults with Cancer

MODERATOR: William Breitbart, MD

CASE PRESENTATION: *74-year-old woman with NSCLC, medically hospitalized for the last 2 months, presenting with depression and desire for hastened death*

Psychosocial Assessment of Geriatric Cancer Patients

Kelly Trevino, PhD

Depression, Hopelessness, and Desire for Hastened Death in Older Cancer Patients

Andrew Edelstein, MD

Delirium, Dementia, and other Cognitive Syndromes

Yesne Alici, MD

3:00 PM

Break

3:15 PM

“ICU Psychosis”: A Misnomer for Delirium

MODERATOR: Yesne Alici, MD

CASE PRESENTATION: *50-year-old man with head and neck cancer admitted to ICU with severe agitation shortly after surgery*

Alcohol Withdrawal Delirium

Andrew Edelstein, MD

Assessment and Management of Delirium in the ICU Settings

Mehak Sharma, MD

Post-ICU Posttraumatic Stress Disorder

Xiomara Rocha-Cadman, MD

4:15 PM

Concluding Remarks

William Breitbart, MD

4:30 PM

Adjourn

REGISTRATION

COURSE REGISTRATION FEES	EARLY*	GENERAL
Physicians (MD, DO, MBBS or equivalent)	\$200	\$250
Residents, Fellows, NPs, PAs, RNs, Psychologists, Social Workers and Counselors	\$100	\$150
Industry Professionals**	\$375	\$425
Live Simulcast Registration Fee***	--	\$450

*Early registration expires September 12, 2019

**Industry professionals may attend MSK CME activities for their own education. Marketing, sales, and promotion of products and services is strictly prohibited at MSK CME activities.

***Please note the live simulcast is available for non-MSK employees only.

Register Online:

mskcc.org/PersonalizedPsycho-Oncology

Course registration includes continental breakfast, lunch, and refreshment breaks. Please contact cme@mskcc.org at least one week prior to the course if you have any special dietary requests or require any specific accommodations.

- **30% discount to attend Psychopharmacology in Cancer Care: An Update for Clinicians of All Disciplines (March 2).** Once you register for this course, you will receive a promotion code to apply at registration for the Psychopharmacology course.
- **MSK CME offers a 30% discounted rate for MSK Alumni, MSK Cancer Alliance and Cancer Care Partners.** If you are a member of one of these groups, please contact cme@mskcc.org for more information.
- **MSK employee registration is complimentary.** However, you must complete course registration in order to attend this course. If you are registered for this course and are unable to attend, please email cme@mskcc.org.

Conference Location and Accommodations

Rockefeller Research Laboratories
430 East 67th Street
New York, NY 10065

MSK has negotiated special rates and amenities at select hotels in Manhattan. For information on hotels in the vicinity of MSK with discounted rates, please visit: mskcc.org/cme.

Contact

Memorial Sloan Kettering Cancer Center
Office of Continuing Medical Education
mskcc.org/cme
cme@mskcc.org



ROCKEFELLER RESEARCH LABORATORIES

Accreditation

Memorial Sloan Kettering Cancer Center is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.



AMA Credit Designation Statement

Memorial Sloan Kettering Cancer Center designates this live activity for a maximum of **6.50 AMA PRA Category 1 Credits™**. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Social Work Accreditation Statement

This presentation is approved for a maximum of **6.50 Continuing Education Contact Hours of Live In-Person/Live Online Training**. Memorial Sloan-Kettering Cancer Center is recognized by the New York State Education Department's State Board for Social Work as an approved provider of continuing education for licensed social workers #SW-0228.

ANCC CNE Statement

Memorial Sloan Kettering Cancer Center – Nursing Professional Development/Continuing Education is accredited with distinction as a provider of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation.



6.50 CNE contact hours will be awarded to participants who attend a live program, in its entirety, and complete a program evaluation. Partial credit not awarded.

Faculty Disclosure

It is the policy of MSK to make every effort to insure balance, independence, objectivity, and scientific rigor in all continuing medical education activities which it provides as an ACCME accredited provider. In accordance with ACCME guidelines and standards, all faculty participating in an activity provided by MSK are expected to disclose any significant financial interest or other relationship with the manufacturer(s) of any commercial product(s) and/or provider(s) of commercial services which are discussed by the faculty members in an educational presentation. As required by the ACCME, when an unlabeled use of a commercial product or an investigational use not yet approved for any purpose is discussed during an educational activity, MSK requires the speaker to disclose that the product is not labeled for the use under discussion or that the product is still investigational.