

Memorial Sloan Kettering Cancer Center presents

2020

# Psychopharmacology in Cancer Care:

## An Update for Clinicians of all Disciplines

**Saturday**  
**March 21, 2020**

Rockefeller Research Laboratories  
New York City

 Live Simulcast Available



Memorial Sloan Kettering  
Cancer Center

POETI | Psycho-Oncology  
Education & Training Institute

# COURSE OVERVIEW

Clinicians have numerous tools at their disposal to help adult cancer patients dealing with symptoms of depression, anxiety, and other cancer sequelae. Psychiatric medications are most frequently prescribed to cancer patients by oncologists and general practitioners, however psychiatric syndromes are often underdiagnosed and undertreated. Few oncology practices have dedicated psychiatric consultants familiar with the nuances of Psycho-Oncology. Even when patients receive psychotropic medications appropriately, they may have problems that arise before their next oncology visit or before they see the person who prescribed their psychiatric medications. Psychologists, nurses and social workers play an essential role in identifying psychological and physical symptoms as well as both beneficial and problematic medication effects as they provide frontline psychosocial interventions and support for cancer patients.

This course is designed for the non-prescribing psycho-oncology clinician as well as the psychiatrist who is new to the world of Psycho-pharmaco-oncology. Oncologists, palliative care clinicians, advanced practice nurses and oncology nurses will find this course useful as well. The course will focus on key target disorders and symptoms amenable to psychopharmacological intervention, including anxiety, depression, delirium, sleep disturbance, pain, fatigue, and weight and appetite loss. Participants will learn to identify psychological reactions to medical conditions or treatments; psychiatric presentations of medical conditions or treatments; medical presentations of psychiatric conditions and common medical complications of psychiatric conditions or treatments.

Basic information will be presented about medications used to alleviate Quality of Life symptoms that arise in the cancer setting from diagnosis to survivorship or end of life care, and the interface of psychotherapy and medication management. We will review why certain medications are used and why some are avoided, looking at potential benefits, unwanted side effects, and drug-drug interactions, since you may be the first person to identify a serious adverse event. The course will also enhance your ability to provide psychoeducation to patients regarding psychiatric medications.

## Target Audience

This course is intended for Psychiatrists, Psycho-oncologists, Oncologists, Palliative Care Physicians, Physician Assistants, Nurse Practitioners, Nurses, Psychologists, Social Workers and Counselors.

## Learning Objective

Participants will learn basic psycho-pharmaco-oncology and how to hone essential clinical and observation skills to improve the quality of life, mental health and safety of their patients by understanding the basics of the psychophysiology of cancer.

## Memorial Sloan Kettering Course Faculty



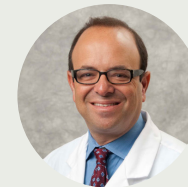
### Yesne Alici, MD

Clinical Director, Associate Attending Psychiatrist, Psychiatry Service  
Medical Director, Biobehavioral Brain Health Clinic  
Department of Psychiatry & Behavioral Sciences



### William Breitbart, MD

Attending Psychiatrist, Chair  
Department of Psychiatry & Behavioral Sciences  
Attending Psychiatrist, Supportive Care Service  
Department of Medicine



### Alan Carver, MD

Attending Neurologist  
Department of Neurology  
Department of Medicine



### Andrew Roth, MD

Attending Psychiatrist, Psychiatry Service  
Department of Psychiatry & Behavioral Sciences

## Live Simulcast Available

We are pleased to offer a live simulcast for this course. CME credit is offered for the live simulcast and pre-registration is required. We do hope you will attend in person but understand that can sometimes be a challenge, so we are happy to offer the live simulcast as an option. **Register online at: [mskcc.org/Psychopharm](https://mskcc.org/Psychopharm)**

# SCHEDULE

8:00 AM	Breakfast and Registration
8:30 AM	<b>Overview and Introduction</b> Andrew Roth, MD
9:00 AM	<b>Sleep Disorders</b> Yesne Alici, MD
9:45 AM	Break
10:00 AM	<b>Depression</b> Andrew Roth, MD
10:45 AM	<b>Delirium</b> William Breitbart, MD
11:30 AM	<b>Questions and Answers</b> MODERATORS: Andrew Roth, MD William Breitbart, MD Yesne Alici, MD
11:45 AM	Lunch Break
12:30 PM	<b>Anxiety Disorders</b> Andrew Roth, MD
1:15 PM	<b>Cancer-Related Fatigue</b> William Breitbart, MD
2:00 PM	Break
2:15 PM	<b>Pain</b> Alan Carver, MD
3:00 PM	<b>Weight and Appetite Loss</b> Yesne Alici, MD
3:30 PM	<b>Cancer and Cancer-Treatment Related Cognitive Changes</b> Yesne Alici, MD
4:00 PM	<b>Case Discussion</b> MODERATORS: Andrew Roth, MD William Breitbart, MD Yesne Alici, MD, Alan Carver, MD
4:30 PM	Adjourn

Register Online:  
[mskcc.org/psychopharm](http://mskcc.org/psychopharm)



# ACCREDITATION

Memorial Sloan Kettering Cancer Center is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.



## AMA Credit Designation Statement

Memorial Sloan Kettering Cancer Center designates this live activity for a maximum activity of **6.75 AMA PRA Category 1 Credit(s)**<sup>™</sup>. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

## Social Work Accreditation Statement

This presentation is approved for a maximum of **6.50 Continuing Education Contact Hours of Live In-Person/Live Online Training**. Memorial Sloan Kettering Cancer Center is recognized by the New York State Education Department's State Board for Social Work as an approved provider of continuing education for licensed social workers #SW-0228.

## ANCC CNE Statement

Memorial Sloan Kettering Cancer Center - Nursing Professional Development/Continuing Education is accredited with distinction as a provider of nursing continuing professional development by the American Nurses Credentialing Center's Commission on Accreditation.



**6.75 NCPD contact hours** will be awarded to participants who attend a live program, in its entirety, and complete a program evaluation. Partial credit not awarded.

## Faculty Disclosure

It is the policy of MSK to make every effort to insure balance, independence, objectivity, and scientific rigor in all continuing medical education activities which it provides as an ACCME accredited provider. In accordance with ACCME guidelines and standards, all faculty participating in an activity provided by MSK are expected to disclose any significant financial interest or other relationship with the manufacturer(s) of any commercial product(s) and/or provider(s) of commercial services which are discussed by the faculty members in an educational presentation. As required by the ACCME, when an unlabeled use of a commercial product or an investigational use not yet approved for any purpose is discussed during an educational activity, MSK requires the speaker to disclose that the product is not labeled for the use under discussion or that the product is still investigational.

*Outstanding and well presented.*

*Excellent program!*

*All the speakers are very knowledgeable.*

- Prior year attendee feedback

# REGISTRATION

Registration Fees	Early*	General
Physicians (MD, DO, MBBS, or equivalent)	<b>\$200</b>	<b>\$250</b>
Residents, Fellows, Advanced Practice Providers, Nurses, Psychologists, Social Workers, Counselors, and Other Healthcare Providers	<b>\$100</b>	<b>\$150</b>
Industry Professionals**	<b>n/a</b>	<b>\$425</b>
Live Simulcast***	<b>n/a</b>	<b>\$450</b>

\*Early rates expire February 20, 2020. Apply promotion code 20PCCE at registration.

\*\*Industry professionals may attend MSK CME activities for their own education. Marketing, sales, and promotion of products and services is strictly prohibited at MSK CME activities.

\*\*\*The live simulcast is only available to non-MSK employees. MSK employees are welcome to register to attend this course in person.

Register online:

[mskcc.org/psychopharm](http://mskcc.org/psychopharm)

In-person course registration includes continental breakfast, lunch, and refreshment breaks. Please contact [cme@mskcc.org](mailto:cme@mskcc.org) at least one week prior to the course if you have any special dietary requests or require any specific accommodations.

## Registration Discounts/Promotions

- **MSK Alumni, MSK Cancer Alliance and Cancer Care Partner Discounts Available.** Please contact [cme@mskcc.org](mailto:cme@mskcc.org) for more information or a promotion code.
- **MSK employee registration is complimentary.** However, you must complete course registration in order to attend this course.

Please note that after your payment has been processed, no further promotional discount adjustments will be made to your registration.

## Cancellation Policy

Live Simulcast registrations are non-refundable. For all other orders, if you cancel your participation in this course, your registration fee, less a \$75 administrative fee, will be refunded when email notification is received by the MSK Office of Continuing Medical Education (MSK CME) at least 7 days prior to the first day of the course ([cme@mskcc.org](mailto:cme@mskcc.org)).

Cancellations or no-shows after this date are not eligible for a refund. MSK CME reserves the right to cancel or postpone any course due to unforeseen circumstances. In the unlikely event we must cancel or postpone this course, we will refund the registration fee in full, but are not responsible for any related costs, charges, or expenses to participants, including fees incurred by airline/travel/lodging agencies. At any time, you may substitute another registrant in your place after contacting MSK CME with the relevant information. Switching from an in person registration to a simulcast registration requires an additional fee.



# LOCATION

Memorial Sloan Kettering Cancer Center  
Rockefeller Research Laboratories  
430 East 67th Street  
New York, NY

MSK has negotiated special rates and amenities at select hotels in Manhattan. For more information, visit: [mskcc.org/psychopharm](http://mskcc.org/psychopharm)

## Psycho-Oncology Education & Training Institute

Memorial Sloan Kettering's Psycho-Oncology Education & Training Institute is led by faculty members in our Department of Psychiatry and Behavioral Sciences, a global leader in evidence-based medicine in oncology and the original home to this psychiatry subspecialty in cancer.

The institute's goal is to expand training opportunities in psycho-oncology for psychiatrists, psychologists, nurses, and social workers in the oncology setting. CME courses are taught by MSK faculty and open to enrollment by non-MSK providers.

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[mskcc.org/cme](http://mskcc.org/cme) • [cme@mskcc.org](mailto:cme@mskcc.org)

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