

Memorial Sloan Kettering Cancer Center is pleased to present:

# Psychopharmacology in Cancer Care:

*An Update for Clinicians  
of all Disciplines*



**Saturday, March 2, 2019**

Rockefeller Research Laboratories  
430 East 67th Street  
New York, NY 10065



Memorial Sloan Kettering  
Cancer Center

POETI | Psycho-Oncology  
Education & Training Institute

# OVERVIEW

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Clinicians have numerous tools at their disposal to help adult cancer patients dealing with symptoms of depression, anxiety, and other cancer sequelae. **Psychiatric medications are most frequently prescribed to cancer patients by oncologists and general practitioners, however psychiatric syndromes are often underdiagnosed and undertreated.** Few oncology practices have dedicated psychiatric consultants familiar with the nuances of Psycho-Oncology. Even when patients receive psychotropic medications appropriately, they may have problems that arise before their next oncology visit or before they see the person who prescribed their psychiatric medications. Psychologists, nurses and social workers play an essential role in identifying psychological and physical symptoms as well as both beneficial and problematic medication effects as they provide frontline psychosocial interventions and support for cancer patients.

This course is designed for the non-prescribing psycho-oncology clinician as well as the psychiatrist who is new to the world of Psycho-pharmaco-oncology. Oncologists, palliative care clinicians, advanced practice nurses and oncology nurses will find this course useful as well.

The course will focus on **key target disorders and symptoms amenable to psychopharmacological intervention, including anxiety, depression, delirium, insomnia, pain, fatigue and cachexia.** Participants will learn to identify psychological reactions to medical conditions or treatments; psychiatric presentations of medical conditions or treatments; medical presentations of psychiatric conditions and common medical complications of psychiatric conditions or treatments. Basic information will be presented about medications used to alleviate Quality of Life symptoms that arise in the cancer setting from diagnosis to survivorship or end of life care, and the interface of psychotherapy and medication management.

We will review why certain medications are used and why some are avoided, looking at potential benefits, unwanted side effects, and drug-drug interactions, since you may be the first person to identify a serious adverse event. The course will also **enhance your ability to provide psychoeducation to patients regarding psychiatric medications.**

# TARGET AUDIENCE

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The target audience includes Psychiatrists, Psycho-oncologists, Oncologists, General Practitioners, Palliative Care Physicians, Physician Assistants, Nurse Practitioners, Nurses, Psychologists, Social Workers and Counselors.

# LEARNING OBJECTIVE

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Participants will learn basic psycho-pharmaco-oncology and how to hone essential clinical and observation skills to improve the quality of life, mental health and safety of their patients by understanding the basics of the psychophysiology of cancer.

# COURSE FACULTY

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**Andrew Roth, MD**

Attending Psychiatrist, Psychiatry Service  
Training Program Director, Psychosomatic Medicine  
Fellowship  
Department of Psychiatry & Behavioral Sciences



**William Breitbart, MD**

Attending Psychiatrist, Chair  
Department of Psychiatry & Behavioral Sciences  
Attending Psychiatrist, Supportive Care Service  
Department of Medicine



**Yesne Alici, MD**

Clinical Director, Associate Attending Psychiatrist,  
Psychiatry Service  
Medical Director, Biobehavioral Brain Health Clinic  
Department of Psychiatry & Behavioral Sciences



**Special Guest**

**Nessa Coyle, PhD, RN, FAAN**

Consultant, Palliative Care and Clinical Ethics

**Live Simulcast Available!**

**Visit [mskcc.org/Psychopharm](https://mskcc.org/Psychopharm) for more information.**

# COURSE SCHEDULE

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Saturday, March 2, 2019  
Rockefeller Research Laboratories

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<b>8:00 AM</b>	<b>Registration and Breakfast</b>
8:30 AM	<b>Overview &amp; Introduction</b> Andrew Roth, MD
9:00 AM	<b>Insomnia</b> Yesne Alici, MD
<b>9:45 AM</b>	<b>Coffee Break</b>
10:00 AM	<b>Depression</b> Andrew Roth, MD
10:45 AM	<b>Delirium</b> William Breitbart, MD
11:30 AM	<b>Questions &amp; Answers</b>
<b>11:45 AM</b>	<b>Lunch</b>
12:30 PM	<b>Anxiety Disorders</b> Andrew Roth, MD
1:15 PM	<b>Fatigue</b> William Breitbart, MD
<b>2:00 PM</b>	<b>Coffee Break</b>
2:15 PM	<b>Pain</b> Nessa Coyle, PhD, RN, FAAN
3:00 PM	<b>Cachexia</b> Yesne Alici, MD
3:30 PM	<b>Chemobrain</b> Yesne Alici, MD
4:00 PM	<b>Case Discussion</b>
<b>4:30 PM</b>	<b>Adjourn</b>

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**Live Simulcast Available!**

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Cancer Center

# REGISTRATION

COURSE REGISTRATION FEES	EARLY*	GENERAL
Physicians (MD, DO, MBBS or equivalent)	\$200	\$250
Residents, Fellows, NPs, PAs, RNs, Psychologists, Social Workers and Counselors	\$100	\$150
Industry Professionals**	\$375	\$425
Live Simulcast Registration Fee***	--	\$450

\*Early registration expires January 4, 2019

\*\*Industry professionals may attend MSK CME activities for their own education. Marketing, sales, and promotion of products and services is strictly prohibited at MSK CME activities.

\*\*\*Please note the live simulcast is available for non-MSK employees only.

Register Online:

[mskcc.org/Psychopharm](https://mskcc.org/Psychopharm)

Course registration includes continental breakfast, lunch, and refreshment breaks. Please contact [cme@mskcc.org](mailto:cme@mskcc.org) at least one week prior to the course if you have any special dietary requests or require any specific accommodations.

- **30% discount to attend Personalized Psycho-Oncology course (October 12).** Once you register for this course, you will receive a promotion code to apply at registration for the Personalized Psycho-Oncology course.
- **MSK CME offers a 30% discounted rate for MSK Alumni, MSK Cancer Alliance and Cancer Care Partners.** If you are a member of one of these groups, please contact [cme@mskcc.org](mailto:cme@mskcc.org) for more information.
- **MSK employee registration is complimentary.** However, you must complete course registration in order to attend this course. If you are registered for this course and are unable to attend, please email [cme@mskcc.org](mailto:cme@mskcc.org).

## Conference Location and Accommodations

Rockefeller Research Laboratories  
430 East 67th Street  
New York, NY 10065

MSK has negotiated special rates and amenities at select hotels in Manhattan. For information on hotels in the vicinity of MSK with discounted rates, please visit: [mskcc.org/cme](https://mskcc.org/cme).

## Contact

Memorial Sloan Kettering Cancer Center  
Office of Continuing Medical Education  
[mskcc.org/cme](https://mskcc.org/cme)  
[cme@mskcc.org](mailto:cme@mskcc.org)



## ROCKEFELLER RESEARCH LABORATORIES

### Accreditation

Memorial Sloan Kettering Cancer Center is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.



### AMA Credit Designation Statement

Memorial Sloan Kettering Cancer Center designates this live activity for a maximum of **6.50 AMA PRA Category 1 Credits™**. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

### Social Work Accreditation Statement

This presentation is approved for a maximum of **6.50 Continuing Education Contact Hours of Live In-Person/Live Online Training**. Memorial Sloan-Kettering Cancer Center is recognized by the New York State Education Department's State Board for Social Work as an approved provider of continuing education for licensed social workers #SW-0228.

### ANCC CNE Statement

Memorial Sloan Kettering Cancer Center - Nursing Professional Development/Continuing Education is accredited with distinction as a provider of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation.



**6.50 CNE contact hours** will be awarded to participants who attend a live program, in its entirety, and complete a program evaluation. Partial credit not awarded.

### Faculty Disclosure

It is the policy of MSK to make every effort to insure balance, independence, objectivity, and scientific rigor in all continuing medical education activities which it provides as an ACCME accredited provider. In accordance with ACCME guidelines and standards, all faculty participating in an activity provided by MSK are expected to disclose any significant financial interest or other relationship with the manufacturer(s) of any commercial product(s) and/or provider(s) of commercial services which are discussed by the faculty members in an educational presentation. As required by the ACCME, when an unlabeled use of a commercial product or an investigational use not yet approved for any purpose is discussed during an educational activity, MSK requires the speaker to disclose that the product is not labeled for the use under discussion or that the product is still investigational.