

LIVE SIMULCAST

Memorial Sloan Kettering Cancer Center is pleased to present:

Psychopharmacology in Cancer Care:

*An Update for Clinicians
of all Disciplines*



Saturday, March 2, 2019
8:30 AM-4:30 PM (EST)



Memorial Sloan Kettering
Cancer Center

POETI | Psycho-Oncology
Education & Training Institute

OVERVIEW

Clinicians have numerous tools at their disposal to help adult cancer patients dealing with symptoms of depression, anxiety, and other cancer sequelae. **Psychiatric medications are most frequently prescribed to cancer patients by oncologists and general practitioners, however psychiatric syndromes are often underdiagnosed and undertreated.** Few oncology practices have dedicated psychiatric consultants familiar with the nuances of Psycho-Oncology. Even when patients receive psychotropic medications appropriately, they may have problems that arise before their next oncology visit or before they see the person who prescribed their psychiatric medications. Psychologists, nurses and social workers play an essential role in identifying psychological and physical symptoms as well as both beneficial and problematic medication effects as they provide frontline psychosocial interventions and support for cancer patients.

This course is designed for the non-prescribing psycho-oncology clinician as well as the psychiatrist who is new to the world of Psycho-pharmaco-oncology. Oncologists, palliative care clinicians, advanced practice nurses and oncology nurses will find this course useful as well.

The course will focus on **key target disorders and symptoms amenable to psychopharmacological intervention, including anxiety, depression, delirium, insomnia, pain, fatigue and cachexia.** Participants will learn to identify psychological reactions to medical conditions or treatments; psychiatric presentations of medical conditions or treatments; medical presentations of psychiatric conditions and common medical complications of psychiatric conditions or treatments. Basic information will be presented about medications used to alleviate Quality of Life symptoms that arise in the cancer setting from diagnosis to survivorship or end of life care, and the interface of psychotherapy and medication management.

We will review why certain medications are used and why some are avoided, looking at potential benefits, unwanted side effects, and drug-drug interactions, since you may be the first person to identify a serious adverse event. The course will also **enhance your ability to provide psychoeducation to patients regarding psychiatric medications.**

TARGET AUDIENCE

The target audience includes Psychiatrists, Psycho-oncologists, Oncologists, General Practitioners, Palliative Care Physicians, Physician Assistants, Nurse Practitioners, Nurses, Psychologists, Social Workers and Counselors.

LEARNING OBJECTIVE

Participants will learn basic psycho-pharmaco-oncology and how to hone essential clinical and observation skills to improve the quality of life, mental health and safety of their patients by understanding the basics of the psychophysiology of cancer.

COURSE FACULTY



Andrew Roth, MD

Attending Psychiatrist, Psychiatry Service
Training Program Director, Psychosomatic Medicine
Fellowship
Department of Psychiatry & Behavioral Sciences



William Breitbart, MD

Attending Psychiatrist, Chair
Department of Psychiatry & Behavioral Sciences
Attending Psychiatrist, Supportive Care Service
Department of Medicine



Yesne Alici, MD

Clinical Director, Associate Attending Psychiatrist,
Psychiatry Service
Medical Director, Biobehavioral Brain Health Clinic
Department of Psychiatry & Behavioral Sciences



Special Guest

Nessa Coyle, PhD, RN, FAAN

Consultant, Palliative Care and Clinical Ethics

COURSE SCHEDULE

8:30 AM	Overview & Introduction Andrew Roth, MD
9:00 AM	Insomnia Yesne Alici, MD
9:45 AM	Coffee Break
10:00 AM	Depression Andrew Roth, MD
10:45 AM	Delirium William Breitbart, MD
11:30 AM	Questions & Answers
11:45 AM	Lunch
12:30 PM	Anxiety Disorders Andrew Roth, MD
1:15 PM	Fatigue William Breitbart, MD
2:00 PM	Coffee Break
2:15 PM	Pain Nessa Coyle, PhD, RN, FAAN
3:00 PM	Cachexia Yesne Alici, MD
3:30 PM	Chemobrain Yesne Alici, MD
4:00 PM	Case Discussion
4:30 PM	Adjourn

All times are Eastern Standard Time (EST).

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REGISTRATION

Live Simulcast Fee	\$450
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You will receive detailed instructions via email prior to the start of the course. This will include information on how to engage with the faculty as well as information on how to claim CME credits - active participation throughout the live simulcast is encouraged. For inquiries regarding the simulcast, please cme@mskcc.org.

Register Online:
mskcc.org/Psychopharm

- **30% discount to attend Personalized Psycho-Oncology course (October 12).** Once you register for this course, you will receive a promotion code to apply at registration for the Personalized Psycho-Oncology course.
- **MSK CME offers a 30% discounted rate for MSK Alumni, MSK Cancer Alliance and Cancer Care Partners.** If you are a member of one of these groups, please contact cme@mskcc.org for more information.
- **MSK employee are welcome to attend this course in person.** The live simulcast is available for non-MSK employees only. To register for the livecast course, please visit mskcc.org/Psychopharm.

Accreditation

Memorial Sloan Kettering Cancer Center is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.



AMA Credit Designation Statement

Memorial Sloan Kettering Cancer Center designates this live activity for a maximum of **6.50 AMA PRA Category 1 Credits™**. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Social Work Accreditation Statement

This presentation is approved for a maximum of **6.50 Continuing Education Contact Hours of Live In-Person/Live Online Training**. Memorial Sloan-Kettering Cancer Center is recognized by the New York State Education Department's State Board for Social Work as an approved provider of continuing education for licensed social workers #SW-0228.

Faculty Disclosure

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