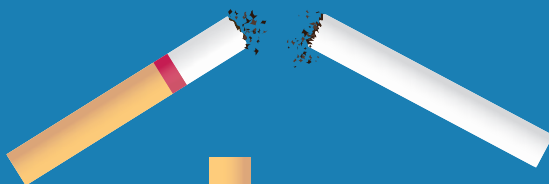


# ASSESSMENT AND TREATMENT OF TOBACCO DEPENDENCE IN CANCER CARE

Thursday-Friday • October 28-29, 2021



**HOPE**  
TOBACCO TREATMENT

**SUPPORT**  
NO SHAME  
SMOKING URGES

**CONFIDENCE**  
SMOKING  
**NICOTINE**  
**CRAVING**  
ADDITION  
**STAY QUIT**  
SMOKE FREE

**EVIDENCE BASED**  
PHARMACOTHERAPY  
BEHAVIORAL COUNSELING  
**TOBACCO DEPENDENCE**  
MOTIVATIONAL INTERVIEWING

**STIGMA**  
SMOKING RELATED  
**TRIGGERS**



Memorial Sloan Kettering  
Cancer Center

**POETI** | Psycho-Oncology  
Education & Training Institute

# Live Virtual Format

This innovative program **includes a live 2-day, skills-based workshop** to be held virtually from Memorial Sloan Kettering Cancer Center, **followed by 6 monthly (60 minute) collaboratory videoconference calls** providing additional opportunities for implementation mentorship and coaching.

This course is comprised of **lectures, simulated role plays and interactive audience participation** encouraging the intellectual exchange of ideas between faculty and participants.

This program will be delivered using Zoom. We encourage all attendees to download the latest version of the Zoom app prior to the start of the program (**[zoom.us/download](https://zoom.us/download)**). Additional access details will be emailed to all attendees before the course.

**Registration is only open to  
Memorial Sloan Kettering clinicians.**

To register, please visit our website:  
**[mskcc.org/tobaccocare](https://mskcc.org/tobaccocare)**

# Overview

It is well-established that smoking is the leading cause of many types of cancer. In addition, persistent smoking among cancer patients is associated with adverse short and long-term clinical outcomes including increased risk for treatment complications, poor health related quality of life, disease recurrence, second primary cancers, disease progression, and mortality. Despite these clinical risks, there are clear research-to-practice gaps and lack of training is routinely identified as a barrier to improving quality of tobacco treatment in oncology care. **This training will prepare learners to provide safe and effective evidence-based treatment for tobacco dependence for the cancer patients/survivors and their family members.**

**This cohort is limited to MSK clinicians for the purpose of providing both a unique individual tobacco treatment skill set for interested clinicians and also focusing on MSK specific systems level barriers as well as targeted quality of care enhancements.**

## EDUCATIONAL OBJECTIVES

- Attendees will gain a better understanding of the risks of persistent smoking and benefits of quitting for cancer patients and survivors
- Attendees will gain a better understanding of evidence-based pharmacotherapy and cessation counseling interventions
- Attendees will have an opportunity to practice tobacco use assessment and treatment planning skills during simulated patient (role play) exercises
- Attendees will gain a better understanding of system-level recommendations for implementing tobacco use assessment and treatment in routine cancer care

## TARGET AUDIENCE

Registration is only open to Memorial Sloan Kettering clinicians, including Oncologists, Tobacco Treatment Specialists, Physician Assistants, Nurses, Nurse Practitioners, Social Workers, and Respiratory Therapists.

# MSK Course Faculty



**Jamie Ostroff, PhD**

Chief, Behavioral Sciences Service  
Director, Tobacco Treatment Program



**Suhana de León-Sanchez, NP, CTTS**

Tobacco Treatment Specialist



**C. Will Whitlock, NP, CTTS**

Tobacco Treatment Specialist



**Maureen O'Brien, CNS, CTTS-M**

Tobacco Treatment Specialist



**Chris Kotsen, PsyD**

Tobacco Treatment Specialist



**Lisa Carter-Harris PhD, APRN, ANP-C**

Behavioral Scientist

# Day 1 Schedule

All times are U.S. Eastern Time

8:00 AM	Virtual Course Check-in
8:15 AM	<b>Welcome/Introductions</b>
9:00 AM	<b>Training Overview/Rationale</b> <b>Making the Case for Treating Tobacco Dependence in Cancer Patients; Q&amp;A</b>
9:45 AM	<b>Empathic Assessment of Tobacco Use and Treatment History, How to Give Personalized Quitting Advice; Q&amp;A</b>
10:30 AM	<b>Introduction to Role Play Exercise</b>
10:40 AM	Break/Group Photo
10:50 AM	<b>Experiential Small Group Exercise</b> <b>Goal: Empathic Assessment of Tobacco Use and Treatment History, Giving Personalized Quitting Advice</b>
12:10 PM	Lunch Break
12:45 PM	<b>Patient Perspectives Panel</b>
1:15 PM	<b>Evidence-Based Treatment of Tobacco Dependence I: Behavioral and Motivational Interventions; Q&amp;A</b>
2:15 PM	<b>Experiential Small Group Exercise</b> <b>Behavioral and Motivational Interventions</b>
3:35 PM	Break
3:50 PM	<b>Evidence-Based Treatment of Tobacco Dependence II: Pharmacotherapy Interventions; Q&amp;A</b>
5:20 PM	<b>Wrap-Up Group Discussion of Skill Acquisition Experiences; Q&amp;A</b>
5:30 PM	Adjourn

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# Day 2 Schedule

All times are U.S. Eastern Time

8:00 AM	Virtual Course Check-in
8:30 AM	<b>Review of Day 1 and Orientation to Day 2</b>
8:45 AM	<b>Review of Evidence-Based Treatment of Tobacco Dependence II: Pharmacotherapy Interventions</b>
9:15 AM	<b>Experiential Small Group Exercise</b> <b>Goal: Promoting Shared Decision Making and Adherence to use of Cessation Pharmacotherapy</b>
10:45 AM	Break
11:00 AM	<b>Wrap-up Discussion of Small Group Exercises; Q&amp;A</b>
11:15 AM	<b>Implementing TUAT Within Your Cancer Care Setting; Q&amp;A</b>
12:15 PM	Lunch Break
12:45 PM	<b>Group Think Tank</b> <b>Developing a Blueprint for Implementing TUAT in Your Oncology Practice Setting, Identifying/Addressing Patient, Provider and Systems-Level Barriers</b>
2:45 PM	Break
3:00 PM	<b>Large Group Discussion of Implementation Blueprint and Goal-setting</b>
4:00 PM	<b>Responsible Conduct of Research Training Overview</b>
4:30 PM	<b>What Happens Next</b>
5:00 PM	<b>Wrap-Up; Program Evaluation (Day 2)</b>
5:30 PM	Adjourn

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# Accreditation



## Accreditation Statement

Memorial Sloan Kettering Cancer Center is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

## AMA Credit Designation Statement

MSK designates this live activity for a maximum of **22.75 AMA PRA Category 1 Credits™**. Physicians should claim only credit commensurate with the extent of their participation in the activity.

## Social Workers\*

2 Day Training and Six Post-Workshop Teleconferences: This presentation is approved for a maximum of **20.75 Continuing Education Contact Hours of Live Virtual Training**. Memorial Sloan Kettering Cancer Center is recognized by the New York State Education Department's State Board for Social Work as an approved provider of continuing education for licensed social workers #SW-0228.

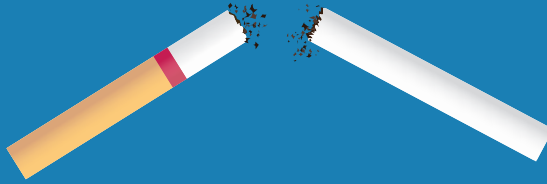
\*Not all state accept NYS CEUs. Please check with the licensing board in your state for guidance on their acceptance of the credit types offered for this course

## CE Credits

This course will not offer nursing CE credits. Nurses will receive a non-physician CME certificate for *AMA PRA Category 1 Credits™*. Certain nursing certification providers (such as ANCC) may accept this certificate for CE requirements. Please check with your certification providers for more information.

**This course includes 3 workshop hours dedicated to Pharmacotherapy.**

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